



Black Mountain

Named "America's Prettiest Small Town" by Tripadvisor in 2017, this quaint spot is 10 minutes east of Asheville and the Blue Ridge Parkway. Shop for art or antiques, embark on outdoor adventures and unwind in artisan-made rocking chairs.

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ExploreAsheville.com

Scan to start planning your next adventure

High Country of north carolina

Boone, Blowing Rock, Banner Elk & The Small Towns of the Blue Ridge



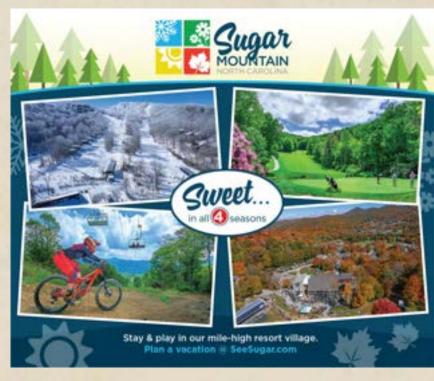
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High Country

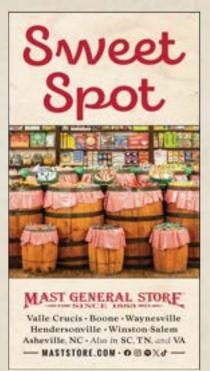
Call the Regional Visitor Center: 800.438.7500

MountainsofNC.com













stay in style

Find inspiration and

innovation

at unique lodgings - including

The Flat Iron Hotel

in Asheville -

starting on page 16.

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FOR REAL, VISIT NC

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PHOTOGRAPHS: ACKERMAN + GRUBER







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when you're left to consider

the vastness of the universe.

You find your place in it.

Bridges connect the islands.

A shared purpose connects the people.

Keep this amazing place just as it is.

The Outer Banks

SHINE

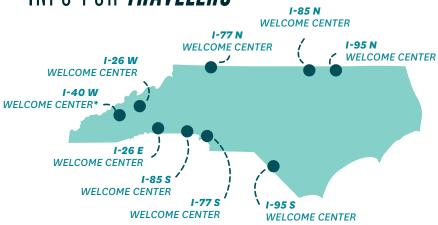
† THE GREEN IN UPTOWN CHARLOTTE

Charlotte. Let your individuality shine in a place where love is deeply rooted in this city's DNA.

Meet passionate people who take hometown pride to new levels and make memorable experiences that embody the soul of the Queen City, Charlotte's welcoming spirit invites you to craft an off-the-beaten-path itinerary that's uniquely you. Plan your trip at charlottesgotalot.com



INFO FOR *travelers*



WELCOME CENTERS AND REST AREAS

North Carolina's welcome centers feature professional travel counselors who offer free assistance with itineraries and booking room reservations for overnight visitors. The welcome centers are open from 8 a.m to 5 p.m. daily, except New Year's Day, Thanksgiving Day, Christmas Eve and Christmas Day. Rest areas are open 24 hours a day, seven days a week. visitnc.com (800) VISIT NC (847-4862)

*Please check ahead for reopening status.



AIR SERVICE

Fly into one of North Carolina's ten regional and international airports for convenient connections.

visitnc.com/ getting-around



FERRY SERVICE

Vehicle ferries operate 365 days a year on seven routes along the coast: Bayview-Aurora, Currituck-Knotts Island, Cedar Island-Ocracoke, Swan Quarter-Ocracoke, Hatteras-Ocracoke, Cherry BranchMinnesott Beach, and Southport-Fort Fisher. The Ocracoke Express passengeronly ferry between Hatteras and Ocracoke Village operates during the summer months.

ncferry.org

(800) BY-FERRY (293 - 3779)



TRAIN SERVICE

Daily Amtrak passenger trains serve 16 North Carolina cities. There are also daily round-trip train services between Raleigh and Charlotte.

ncbytrain.org (800) BY-TRAIN (298-7246)

ACCESS FOR EVERYONE

Information for visitors with disabilities is available online in English and Spanish. ncdhhs.gov/

documents/files/ access-northcarolina-2015

SAFETY AND ALERTS

Review tips for hiking, swimming, camping, and visiting beaches and waterfalls.

visitnc.com/ story/nEXa

STATEWIDE **TRAVEL INFORMATION**

Access important travel information by region, route or county for current conditions. ncdot.gov

DEAR VISITORS,

Welcome to The Official 2025 North Carolina Travel Guide. your passport to explore a state with boundless opportunities to satisfy your wanderlust. Whether vou're a first-time visitor or a lifelong resident, this rooted-in-real guide will cater to your desire for adventure, discovery, leisure and a host of other pursuits in all 100 counties.

For 2025, the guide unites the timeless appeal of North Carolina's scenic beauty with the dynamic appeal of authentic passion points. Raise a glass or mocktail in the state's blooming social district scene and at unique sipping venues. Bring binoculars for bird spotting and other wildlife encounters. Explore cities and towns that beam with artistic inspiration. Venture among historic hauntings, ghosts and unexplained mysteries that ensure your stay can be a scary good time if you wish. And check out inclusive destinations that make it easier for travelers of all ability levels to join the fun.

North Carolina has an unbreakable spirit — which you're sure to experience when you visit. I invite you to embrace the best of our state: pristine nature, rich culture, diverse cuisine and a spirit of hospitality that endures. Welcome to North Carolina.





Before you visit Western North Carolina, scan the QR code for up-to-date travel recommendations. visitnc.com/helene









VISITNC.COM (800) VISIT NC

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Your Invitation to Biltmore

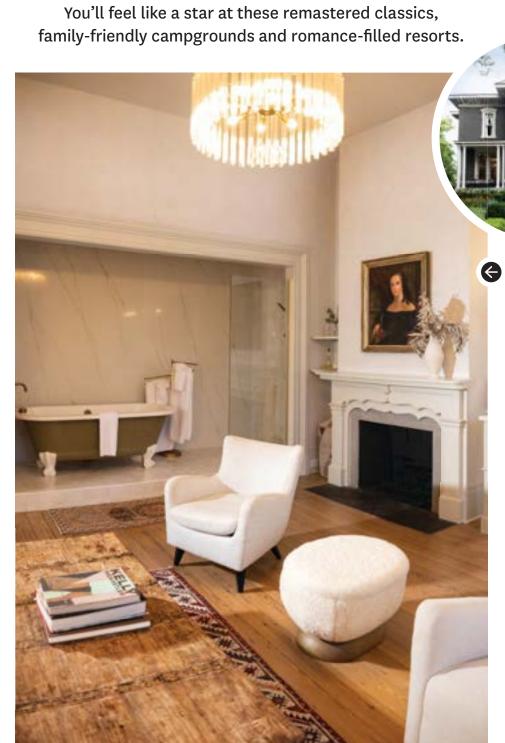
George Vanderbilt envisioned Biltmore Estate as a retreat where his loved ones could escape the stress of everyday life. Today, this cultural destination offers you the same opportunities. Marvel at Biltmore House, wander through lush gardens, savor estate-to-table cuisine and award-winning wines, peruse charming shops, and explore our breathtaking 8,000-acre Blue Ridge Mountain backyard.







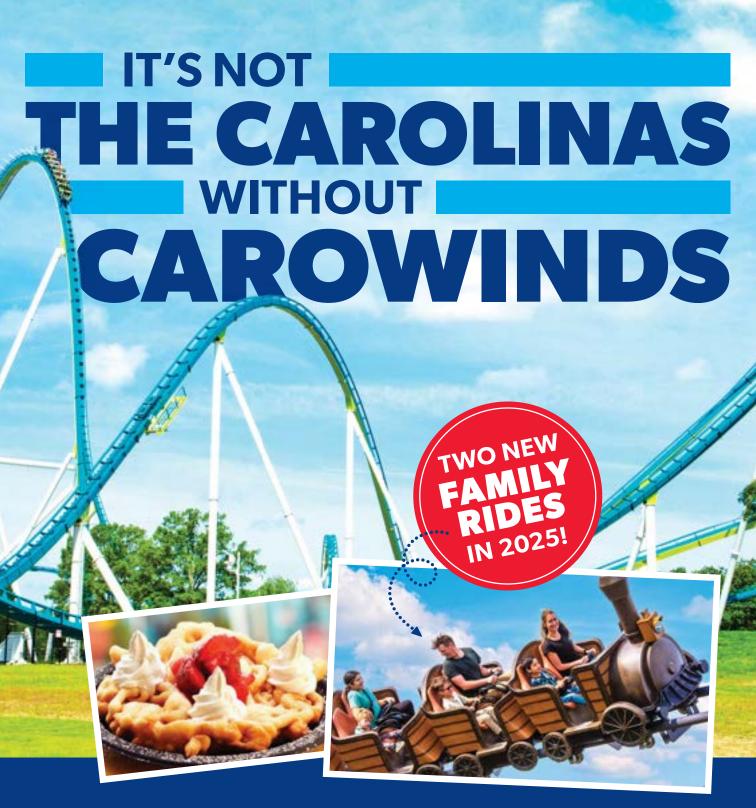
STORY: JESS HOFFERT. PHOTOGRAPHS: ACKERMAN + GRUBER



Hei⊠hts House

Hotel ? Raleigh

After globe-trotting to overnight stays in celebrated lodgings, Sarah and Jeff Shepherd envisioned transforming their neighborhood's sleepy 1860 mansion into a similarly desired destination. Their dream evolved into a painstaking two-year transformation of the Italianate ⊠eights ⊠ouse, now back to its original glory — and then some — with gleaming wood floors⊠ a stained-glass-topped cupola⊠and nine guest rooms outfitted with fireplaces, vintage rugs and gold-framed televisions that display works of art. An original piece by Salvador Dali hangs in the airy dining room, where guests enjoy pastries from Boulted Bread, another ⊠bylan ⊠eights neighborhood treasure.



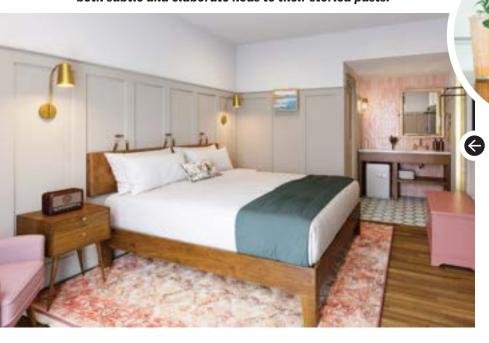
TWO STATES.
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Carowinds

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What's old is new again at spectacular lodgings with both subtle and elaborate nods to their storied pasts.



A⊠⊠⊠⊠ ilmin⊠ton

Wilmington

On the site of the old Wilmingtonian ⊠otel (once damaged by an escaped circus elephant a century ago), ARRIVE rolls out a fresh welcome mat with vintage-radio-style ⊠uetooth speakers, cushy robes and neighborhood field guides in each room. Raise a glass at the courtyard Ga⊠bo ⊠ar and nosh on crispy ⊠russels sprouts at Dram ⊠ard.

⊠he Flat Iron Hotel

Asheville

Completed in 1926, one of Asheville's first \skyscrapers\(\times\)(nine stories tall) now serves vacationers looking to stay in the heart of downtown's rich art, music and culinary scene. The hotel, which opened in 202⊠ boasts a popular rooftop that pairs ⊠ue Ridge Mountain views with local wine and beer — along with small plates showcasing the bounty of area farmers.

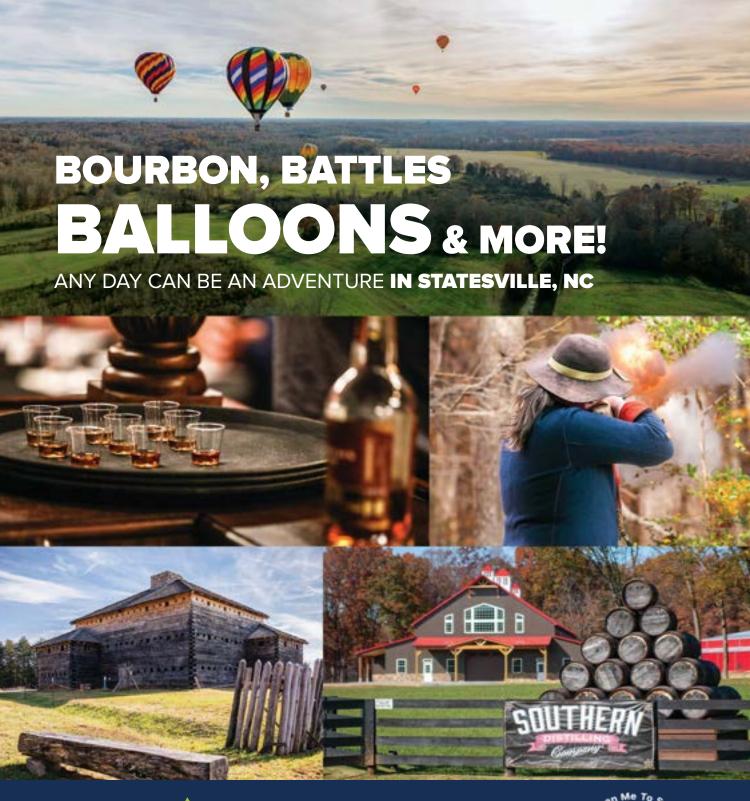
of families, the 1860 building transformed into a boutique hotel in 202⊠— welcomes visitors to its seven bedrooms. The original hardwood floors and beadboard ceilings remain, with high-end finishes and furnishings adding mod touches. Contemporary comforts include sound machines and rain showers in each room.







2025 NC TRAVEL GUIDE





visitstatesville.com











Under the Stars

Bring your nature-loving crew to these quiet campgrounds, with accommodations ranging from rustic to red carpet.

Broad River Campground

Mooresboro

Living in a bubble has never felt more freeing. The campground's five geodesic domes — each appointed with themed comforters and furniture — allow guests to peer into nature while maintaining privacy. Hot tubs on each patio set the stage for literal forest bathing, and if you want to stay connected, there's free Wi-Fi and a smart TV in each dome.

Platform Camping

Roanoke River

Pitch your tent and fall asleep to the sound of gently flowing water from a camping platform on the Roanoke River. Spread out across 140 miles of the Roanoke River State Trail, more than 20 reservable campsites put paddlers and peace-seekers in the shadows of cypress trees and within sight of river otters and beavers. Plan ahead: Access to modern restrooms and shower facilities varies by location.

Turkey Creek Campground

Almond

Let songbirds provide your morning alarm in the Great Smoky Mountains. Whitewater rafting, mountain biking, the Appalachian Trail and Great Smoky Mountains National Park are all within reach of this campground with more than 40 tent and RV sites. Stay awake for a free evening light show of flickering fireflies throughout the spring and summer months.



OUTDOOR NC LEAVE NO TRACE PRINCIPLE Be Careful with Fire

If you choose to have a campfire, check regulations, secure a permit if needed and keep the fire small. Before leaving, confirm that the fire is completely out and the ashes are cold.





Resort Getaways

Surrounded by water and woods, these retreats have everything you need to kick back and savor reconnection.

Chetola Resort

Blowing Rock

This mountain oasis has a way of reeling guests in and never letting go.
Guides from the resort's Orvis-endorsed fly-fishing lodge lead clinics, as well as floating and wading fishing expeditions in the Blue Ridge Mountains. Fish at the resort or on nearby streams, then dive into seared trout with sauteed lemon arugula at Timberlake's Restaurant.

Grandover Resort & Spa

Greensboro

Swing into serenity at two 18-hole courses, including the newly renovated West Golf Course with fresh greens.
Speaking of fresh greens, the 244-room property serves up a Southern-inspired salad with fried chicken skins, tomatoes, cucumbers and scallions at Finial restaurant.
Cap off the day with a fireside cocktail at 1808 Bar.

The Umstead Hotel

and Spa 🕅 Cary

Peruse a portion of the 98-piece art collection (including glasswork by Dale Chihuly) and chill in a luxe outdoor pool featuring a woodland backdrop. At Herons restaurant, frameworthy entrees such as the Carolina chicken with leeks and chanterelle mushrooms showcase ingredients from the resort's own farm.

Old Edwards

Inn & Spa

O Highlands

A spa and dual outdoor mineral pools ease guests into relaxation at this European-style resort. Lie on a chaise in the Serenity Solarium (with fountains and a stone fireplace) while waiting for an immersive bath ritual and massage. To unwind even further, sip vino in The Wine Garden while listening to the cascade of a patio-side waterfall.

Sanderling

Resort 🕈 Duck

It's all about the view at this Outer Banks retreat. Rooms, suites and a handful of private vacation rental homes overlook the ocean and the Currituck Sound. When it comes to fun on the water, you have plenty of options. Rent SUPs, kayaks and boogie boards, or take a boat ride across the sound to Sanctuary Vineyards.



Fido deserves a beach
escape too. For an
additional fee, up to
two dogs can stay in each
Sanderling Resort guest
room or vacation home.







I'm an antique-lover and upcycler. In short, I love the old things found in your grandma's attic and things other people consider junk. I find joy in turning a long lightbox into a mantle or an old door into a leaning shelf. I want my house and the stuff in my house to be as unique as I am. That's why I head to Kinston to do my picking for art, antiques and everything in between. I always find something I didn't even know I needed.



lazily over perfectly padded rockers. In yet another booth I see accent pillows in colors that match hand-blown glass vases and plates and paintings. If it was in Grandma's attic, excluding Grandpa, you'll probably find it here.

In mere seconds, Gail hones in on an antique dresser and bolts toward the back of the store. And, just like that, we're off. By the time I get to her she's in full on inspection mode. Drawers are opened and closed. Handles are checked and given the customary jiggle to see if they're loose. She lasers in on the paint job, running her hand over the finish, checking for any subtle scratches and wear. After a few minutes of playing ring around the rosey with the dresser, Gail stands and gives me the thumbs up. Looks like we have our first purchase of the weekend.

As Gail takes her tag to the front of the store to get the item marked as sold, I start to browse around. I'm drawn over to an antique wooden ladder that has been turned into a hanging shelf for storage

Some people say, "Money can't buy you happiness." I say it can buy you a slightly used canoe that you can turn into a coffee table. That makes me happy. So, isn't it basically the same thing? If you think like me, I suggest you hop in a car and head to Kinston. This little town in Eastern North Carolina has everything an amateur antique picker, shopaholic, and part-time hoarder is looking for.

This weekend, I'm headed to Kinston with Gail, my ride-or-die best friend of 20 years. I'm looking for something to fill that empty wall space in my living room that I've been staring at for two years. Gail is looking for something to

fill the empty room her son left behind when he moved off to college. Stop one on our list is Ironclad Marketplace – a store with a little bit of everything you didn't know you wanted.

On the outside, Ironclad Marketplace looks to be a simple warehouse. On the inside, it's a 12,000 square-foot antique and collectibles market with over 50 vendors. This place sells everything from furniture to handmade crafts and every sort of "somebody's got-to-have-it" you can imagine.

We head inside to begin our treasure hunt. This place is massive. In one booth I see retro modern side tables mingling with country sideboards. In another booth I see quilts falling

baskets. It's nice, but a little too tall for the wall in my living room. I move from booth to booth to booth. I find an antique Coca-Cola bottle cap that is about 4 ft. round and consider how I can mount it on a wall or turn it into a table. I look through some old Elvis records, because he's Elvis – thank you very much. I browse through some antique toys and find myself saying "I had one of those" until I realize it makes me seem as old as the antique toys.

In my shopping haze, I didn't even notice Gail hadn't made it back to me. I contemplate sending out a search party, then she arrives. It seems the owner of the store knew exactly the right pieces to go with her dresser. So, now she has an antique headboard that was an old grocery store sign, a depression glass lamp, and a side table made out of a wine barrel. She's even picked up two colonial-like paintings of children. I'm all for the bedroom pieces. But those paintings are a little too much on the creepy, "eyes-follow-you-aroundthe-room" side for me. After a few references to horror movies with us as the unlikely victims, Gail agrees. The paintings go back on the wall to haunt the next unlucky shopper.

At this point, we are three hours into our shopping weekend. Gail has already blown her budget, but she seems content. "Buyers remorse is for amateurs," she says. So, now the focus becomes finding that perfect piece for me.

he's Elvis – thank you very much. I browse A framed movie poster from Gremlins 2? Pass. A through some antique toys and find myself 1960s baker's rack painted neon pink and yellow? Not

I BROWSE THROUGH SOME ANTIQUE TOYS AND FIND MYSELF SAYING "I HAD ONE OF THOSE" UNTIL I REALIZE IT MAKES ME SEEM AS OLD AS THE ANTIQUE TOYS.

for me. A set of dining plates adorned with various roosters? Cute, but pass again. A full box of LIFE magazines? Now, that's a possibility.

Looking through the box, there are about 30 total magazines in plastic sleeves. They all look like they're in great condition. I spot covers featuring Marilyn Monroe, the moon landing, Elvis (hi again, old friend). I start to picture row upon row of framed LIFE covers lining my wall mixed with pictures from my own life. It will be a virtual history of the world and of me. I love it. I pick up the box and announce

that my search is over. Gail is overjoyed. I think she really likes the idea. I also think she's getting hungry.

I hoist the box on the counter to pay up. That's when the owner tells me if I'm buying the entire box, he'll give me 20% off. "Great shopping and a discount? That just

means more to spend tomorrow," I announce. And with that, Gail starts searching through her pocket book like she has lost something. "You okay?" I ask. "Yeah," she says. "I forgot this was only our first day here. I wanted to make sure I had another credit card." She then raises her hand with several cards

displayed in a fan. "Charged and ready," she says. "Now, let's go get us some barbecue. I need some energy to make it through the rest of this town tomorrow."

Who is this woman? Is she excited or possessed? And from the corner I see the children in the pictures watching as we exit the store.



Check out some local shops



- Consigned Designs
- > Once Again
- Just Add Salt
- → Art 105
- Neuse Sports Shop & The Villager
- Community Council for the Arts Gallery
- Southern Heritage Folk Art and Antiques
- Opper Mill Mercantile
- **Echoes of Time Emporium**
- > Ironclad Marketplace





BARGAINS & BITES TOUR

2 Days | 15 Stops

Reward Program

Join Kinston Rewards today. Shop at participating local shops, restaurants, attractions, and lodging partners to save 10% on select purchases every time.



STORY: GARY THOMPSON. PHOTOGRAPH: CMPHOTOGRAPHY





Auto Racing

If you've got a fast car, you can be someone in North Carolina. Celebrate the exhilaration of auto racing at these venues.

THE INTIMIDATOR

More than a dozen attractions in Cabarrus County honor the memory of NASCAR legend Dale Earnhardt. A 9-foot-tall statue in Dale Earnhardt's hometown of Kannapolis captures the late NASCAR racer's largerthan-life presence.



Charlotte Motor Speedway

Concord

NASCAR's flagship facility is also home to zMAX Dragway, the world's first four-lane drag-racing surface — it's nicknamed the Bellagio of drag strips for its 30,000-seat grandstand and 40 luxury suites. Back at the main venue, watch the Coca-Cola 600 and other races on the 1.5-mile quad oval, take a tour or book an on-track driving experience.

North Wilkesboro Speedway

North Wilkesboro

The historic track opened in 1947 and hosted early NASCAR races. After powering down in 1996 and parking in idle for many years, the track was overhauled and returned to host the 2023 NASCAR All-Star Race. Fun fact: In 2024, construction crews discovered what was rumored to be an abandoned moonshine cave under the grandstands.

NASCAR Hall of Fame

Charlotte

Some experiences here aren't just interactive, they're hyperactive — frantically changing a tire or filling the fuel tank during the Pit Crew Challenge, excitedly announcing a race from the broadcast booth, or whiteknuckle driving a virtual track in a simulator. Other exhibits let you learn NASCAR history at a more leisurely pace.

North Carolina Auto **Racing Hall of Fame**

Mooresville

Get a rear-view perspective and follow the evolution of North Carolina's motorsports industry through more than 40 cars on display. See a 1940 Ford Deluxe Coupe like the ones moonshiners used to race (that's what eventually led to NASCAR), Tony Stewart's signature orange No. 20 Chevy from his 2005 NASCAR championship season, and other vehicles associated with iconic racers and moments.



WHERE NAPA VALLEY Lifestyle MEETS BLUE RIDGE MOUNTAINS MAGIC







ARRIVE TO a lakeside inn surrounded by lush fields, gardens and forests with a woodland trail, just a five-minute drive from downtown Highlands.

SETTLE IN with delicious inclusions like a champagne arrival, afternoon hors d'oeuvres and a hot chef-made breakfast to start each day.

RELAX IN sumptuous style with spacious guestrooms, cozy fireplaces and terraces that look out into the forest.

DELIGHT IN the embrace of home-grown hospitality, handcrafted cocktails and live music on weekends.

Make Half-Mile Farm your next North Carolina getaway.

A Private Experience for Guests 18 and Older.



With hills, what goes up must come down, and that makes for marvelous mountain biking over \(\mathbb{A} \text{tr} \) \(\mathbb{E} \) el State terrain.



OUTDOOR NC LEAVE NO TRACE PRINCIPLE Tips for Mountain Biking

Reconsider riding options when the trail bed is soft. If you encounter patches of mud or ice, ride through them and not around. his prevents trail widening and damage to trailside plants.



⊠ake ⊠orman

⊠tate ⊠ark

Spend an hour or a day riding the 🖾-plus-mile Itusi Trail's loops of 0.25 miles to almost 10 miles. The routes are fast, flowy and rolling, ranging from easy to moderate in di⊠culty. Loops run clockwise in odd-numbered years, so in 2025 you can start the mile awk Loop from the parking lot.

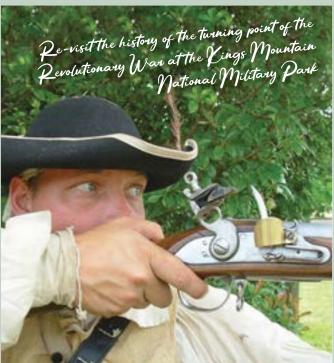
⊠ountain Creek ⊠ark

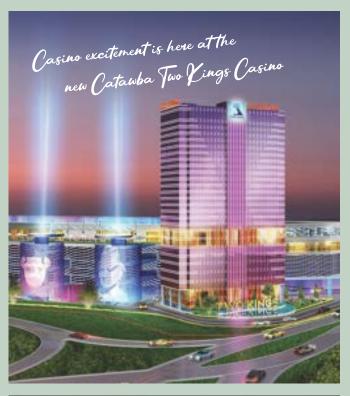
Variety is the spice of mountain biking life at this new outdoor hub, which features a 1.2-acre pump track and 18 miles of trails. Some routes are tight and twisty, while others are rolling and swooping. Wherever you ride, expect dirt rollers, berms, tabletops, rock jumps, gullies, drops and sweeping turns.

⊠an⊠ee ⊠ark

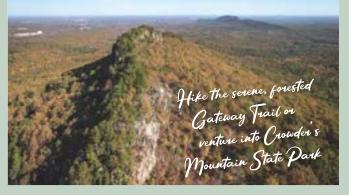
A rhythmic medley of uphill climbs, speedy downhill runs, technical boulder gardens and big jumps has bikers singing the park's praises. Warm up on the pump track before tackling the trails. Optional routes at the more technical sections accommodate beginning and intermediate riders without sacrificing thrills for more experienced riders.







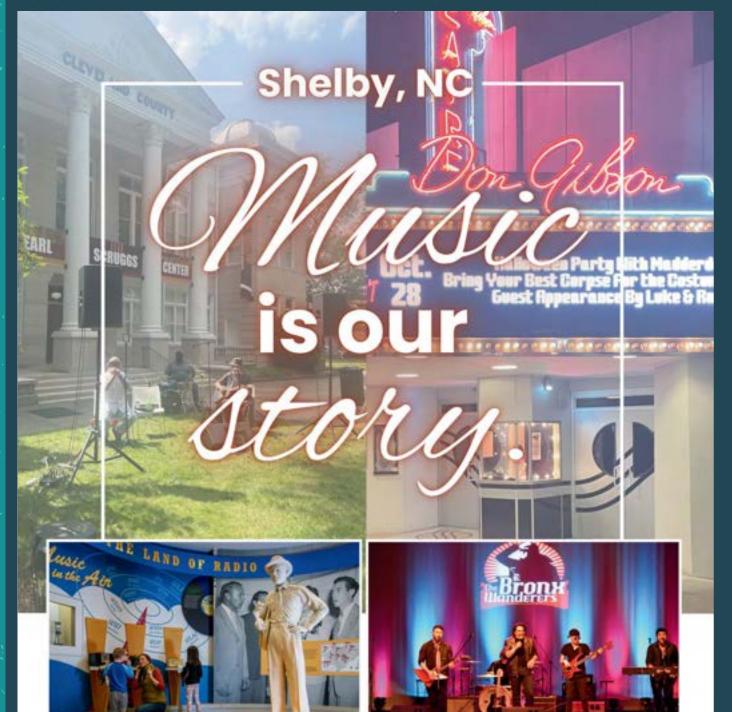




Find yourself here

DiscoverKingsMountain.com







103 S. Lafayette St. Shelby, NC

www.EarlScrugggsCenter.org 704.487.6233



318 S. Washington St. Shelby, NC

www.DonGibsonTheatre.com 704.487.8114



Discover a perfect escape in Shelby, located in the foothills Shelby of the Blue Ridge Mountains where you can relax or find adventure! Plan your visit at CityofShelby.com.



City Park Carrousel



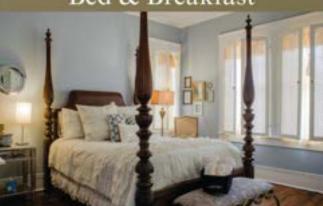




Newgrass Brewing Company



Morgan and Wells Bed & Breakfast



This Craftsman style Bed & Breakfast in the heart of town offers six unique suites that blend vintage charm with modern hospitality and amenities. Enjoy luxurious ambiance and five-star service for a memorable stay. Walkable to Uptown Shelby's shops, attractions, trails and dining, striking the perfect balance between relaxation and adventure.

400 North Morgan St, Shelby, NC 28150 morganandwells.com 704-648-8000



Rediscover Your Rhythm Boiling Springs, NC

- Hike, cycle, and explore-every step is a new thrill.
- Feel the adrenaine at Shadyside Drag Strip's racing action
- Cheer on Gardner-Webb University's Division I athletics, name of the Hunnin' Bulldags.





OYSTER QUEST

Lovers of bivalves, rejoice! The NC Oyster Trail is packed with aquatic farms and restaurants where you can eat your fill throughout the year.



More than a dozen North Carolina oyster farms let you in on their secrets to mariculture (marine farming). Learn what conditions create the tastiest oyster, then shuck and sample a few while you're on the water. Ghost Fleet Oyster Company offers tours of their floating farms in Sneads Ferry and Hampstead, filling you in on all things oyster: life cycle, the importance of shell recycling and more. Farther down the coast, Epic **Excursions** provides three-hour tours of Middle Sound Mariculture farm near Wilmington, where the water is perfectly salty for raising a delicious oyster. Their tours include a boat ride to a barrier island for oyster snacking with wine pairings. Best of all, farmed oysters are safe to eat year-round.

When you tour

an oyster farm, you'll sample as many as you can shuck. For shuckfree savoring, make your way to a restaurant or seasonal event that puts these mollusks on the pedestal they deserve. Jackson's Last Saturday Oyster Roast takes place in January, when guests can dine on platters heaped high with roasted oysters.

Rusty Hooks Dockside Grill in Southport serves oysters on the half-shell, steamed and fried. (Pro tip: Enjoy your feast at a table with a sunset view.) Ocracoke Oyster Company serves select oysters from a trio of farms on the Outer Banks; enjoy yours on the half-shell with a zippy side of wasabi and ginger, doused in spicy mustard vinegar sauce, or prepared Rockefeller-style.

LEARN MORE

Oysters are more than tasty treats — they're essential to the coastal ecosystem. At the North Carolina Estuarium in Washington and Hatteras Island Ocean Center on the Outer Banks, exhibits spotlight the role oysters play in the environment and the conditions that help oysters, clams, crabs and other sea creatures thrive.

Real quality beach time.

Spend a little more time enjoying the beach with the ones you love and a little less time fighting for your spot in the sand at North Carolina's uncrowded coast.







Fab Festivals

Music has the power to unite people, especially through festivals that draw folks from all over to share a common passion. Hip-hop superstar J. Cole invites some of his favorite artists to Dreamville Festival, a Blackowned music celebration held each April with a global playlist of artists in Raleigh's Dorothea Dix Park. The 2024 edition featured SZA, 50 Cent and Nicki Minaj. Jazz legend John Coltrane learned to play saxophone while

growing up in High Point. Every Labor Day weekend, the town celebrates his legacy by hosting the John Coltrane International Jazz and Blues Festival. The lineup fuses jazz with blues and funk. The first Lovin' Life Music Fest took place in May 2024 at Charlotte's First Ward Park, with

Post Malone. Stevie Nicks and The Avett Brothers among more than 40 performers spanning genres and generations. An encore is planned for May 2025. Since 1988, April's MerleFest in Wilkesboro has honored the memory of Eddy Merle Watson, son of beloved folk musician Doc Watson. The music coming from a dozen stages is "traditional plus" — Appalachian roots sounds seasoned with country, blues, bluegrass and more. A family-friendly spirit pervades the Shakori Hills Grassroots Festival of Music and Dance, held each May and October in Pittsboro. Besides hearing a variety of live music, adults and kids can play games, take dance and yoga lessons, and learn about sustainability.

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2025 NC TRAVEL GUIDE

VISITNC.COM

Storied Venues

Play That Funky Dive Bar

Named one of the South's best dive bars, the **Backstreet Pub** in Beaufort has occupied a century-old converted bakery for decades, and the cozy brick building with patio seating rolls out live music every week with rock, funk and blues bands. The clientele is as varied as the performers, and it's always a friendly crowd.

Rock the Cradle of Bands

Nirvana, Public Enemy, John Mayer, Joan Baez and Iggy Pop have all played at **Cat's Cradle** in Carrboro, less than a mile from UNC-Chapel Hill. Though its address has changed a few times, the 750-person venue has drawn established bands and up-and-comers for more than 50 years.

Magic happens when artists, audiences and atmosphere vibrate on the same frequency. Each of these memorable spaces offers a distinct feel.

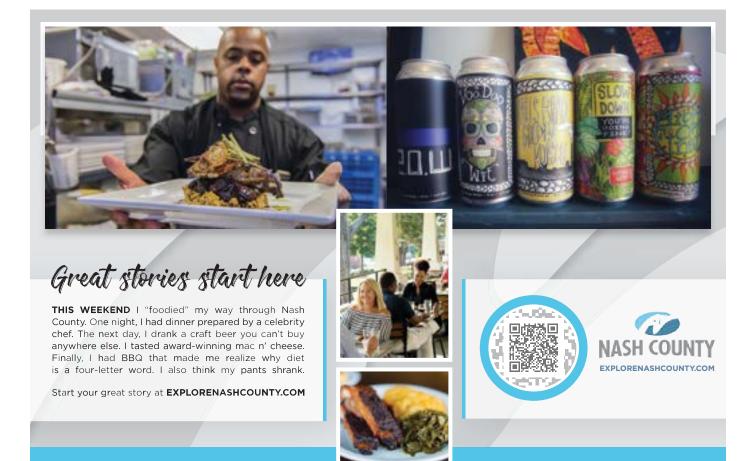
The Freshest Beats

Once a produce warehouse where fruits and veggies arrived by train, The Fruit in Durham is now a cool place to see the fruits of human creativity. It's a museum by day and dance venue by night, curating photography exhibitions, electronic music performances and festival-like parties in one vibrant space.

Throwback Music Hall

Built in 1920, the Historic Earle Theatre in Mount Airy houses the Old-Time Music Heritage Hall and the nation's second-longest-running live radio show — WPAQ's Merry-Go-Round, broadcast live every Saturday. Visit Thursday afternoons for free traditional dance, fiddle, banjo, mandolin and guitar classes.











Legends of Shelby

Shelby native Don Gibson wrote three country music standards: "Sweet Dreams," "Oh, Lonesome Me" and "I Can't Stop Loving You." That feat, along with 80 chart recordings and a role in popularizing the Nashville Sound, earned him a spot in the Country Music Hall of Fame. The town of Shelby can't stop loving Gibson — it named a music venue for him: The 400-seat Don Gibson Theatre welcomes nationally touring acts and rising stars in country circles Country music lightning struck twice in the Shelby area, where two artists became giants of the business — and their influence remains.

and beyond. Along Uptown Shelby streets, local artists painted 3-footdiameter "records" representing Gibson's songs. Gibson is also honored in a building-size mural (on Miss Molly's Boutique) by North Carolina artist Scott Nurkin. So is another country music icon from Cleveland County, Earl Scruggs. The 30×40-foot mural of Scruggs, covering the exterior of Newgrass Brewing Company, takes inspiration from a photo Scruggs' son shared with Nurkin. It depicts

the five-string banjo virtuoso picking with the three-finger technique later known as Scruggs style. Shelby's Earl Scruggs Center further celebrates the influential musician's life and career. On a tour through the interactive center, see instruments belonging to Scruggs family performers, including the banjo on which Earl mastered his three finger pickin' style. In spring and summer, the Center Stage Concert Series spotlights a variety of musicians inspired by the Scruggs legacy.



ANOTHER NC ICON

No hard feelings if you haven't yet seen the mural honoring folk-rock band The Avett Brothers in their hometown of Concord. North Carolina artist Caswell Turner created the colorful piece, which covers the exterior of **Hawthorne's NY Pizza and Bar** on Union Street North downtown. Titled *Bloom*, the work incorporates some of the group's lyrics.



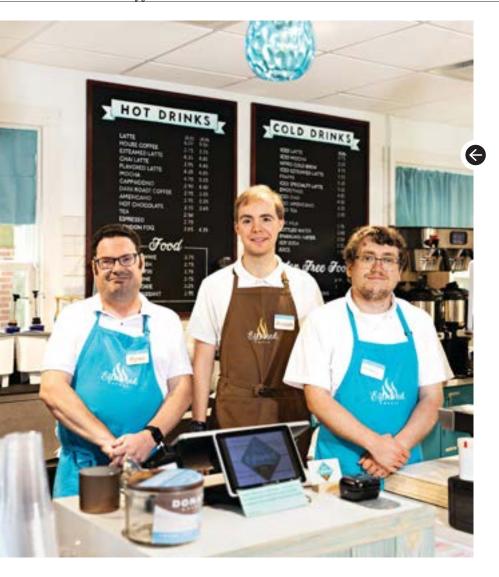


Great trails are there for you to follow.
Don't go off the trail to help make sure these parks will be there tomorrow.









POURING WITH CARE

Get your fill of comforting beverages and warm service from coffee shop employees with intellectual and developmental disabilities.

Awaken Coffee

Greenville

Beans from Davidson-based Haerfest Coffee Roasting Company, which shares a similar mission of providing pathways to people with special needs, bring the buzz to The Lavender Bee latte with local honey.

Bitty & Beau's Coffee

Wilmington

The original Bitty & Beau's opened here in 2016, and it sparked a movement. Now there are 18 of them across 11 states. Visit the OG location for a mango smoothie, mint chocolate frappé or cold brew.

Esteamed Coffee © Cary

Inside a renovated 1940 cottage in downtown Cary, the baristas have unique stories to tell, but also share a few qualities: They proudly wear aprons with the Esteamed Coffee logo, they'll welcome you with friendly smiles, and they all live with some form of disability. Founded by locals Angie Hudson and Tamara Lapsley, Esteamed and other North Carolina coffee shops are aiming to put a dent in the nation's high unemployment rate for adults with disabilities. Here, employees whip up mildly spiced chai lattes, espresso-based frappés and refreshing fruit smoothies. Signs encourage guests to speak clearly and take a first sip to ensure their beverage was properly made to order — a good reminder for all of us to slow down and savor.

321 Coffee

O Durham and Raleigh

At three locations, including the State Farmers Market in Raleigh, order sustainably sourced and roasted coffee in its pure form or in the Love Big Latte with French vanilla, whipped cream and a ribbon of caramel.

A Special Blend

 Greensboro and High Point

Membership to the Percolator Club comes with a free monthly drink (macchiatos, matchabased drinks and milkshakes are just a few of the options) and helps sustain this nonprofit striving to provide "community in a cup" for both employees and customers.



Step into the charm of North Carolina's first capital city.

New Bern is a place where history, creativity, and adventure converge. From strolling through centuries-old streets to visiting the birthplace of Pepsi and experiencing the inspiration behind Nicholas Sparks' novels, every moment in New Bern is a story waiting to unfold.

www.VisitNewBern.com

FRESH-AIR FAMILY FUN

With so many all-ages outdoor attractions across the state, North Carolina has the natural appeal to unite everyone from little tykes to big boomers.



Mountain Treasures

Take family fun to new levels with these open-air experiences that are sure to pique your interest and heighten your senses.

Grandfather

Mountain 🕅 Linville

A serpentine drive brings travelers to the Mile High Swinging Bridge, a walkway stretching across a chasm to Linville Peak. Leave your fear of heights in the car to admire the forest draping like a quilt across ridges. Experienced hikers trek the Grandfather Trail, encountering ladders en route to MacRae Peak.

The Orchard at Altapass

Spruce Pine

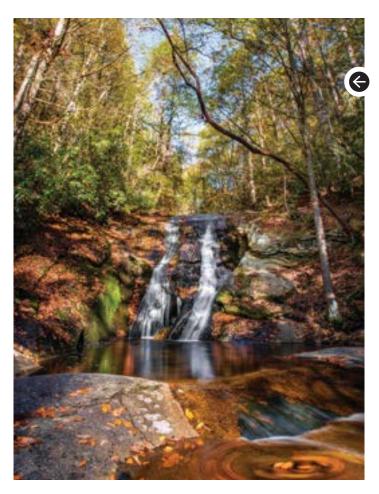
Dedicated to preserving Appalachian culture, the 100-year-old orchard grows 25 varieties of heirloom apples. From late July through late October, hayride passengers cling tight as a tractor pulls them over bumpy trails to the trees for U-picking. Savor the fruits on a stroll through the butterfly garden.



Surround yourself in European-style luxury with premium leisure amenities in the heart of downtown Highlands, NC, with heated pools, world-class spa, farm-fed restaurants and live music venues.



OPRAH DAILY HOTEL O-WARDS WINNER Travel + Leisure America's Best Small Mountain Town TRAVEL + LEISURE TOP 500 WORLD'S BEST HOTEL



OUTDOOR NC LEAVE NO TRACE PRINCIPLE *Plan Ahead and Prepare* Before you travel, learn about your destination, its regulations and safety matters. hoose lesser known areas to reduce your impact and have a backup plan if a location is crowded.

⊠tone ⊠ountain

⊠tate ⊠ark

It took centuries for molten lava to cool and crystalli (forming the massive granite dome of Stone Mountain.

From a distant overlook, the bald 600-foot-tall mound looks almost diminutive, but the landmark towers above hikers roaming the park's 20 miles of trails past waterfalls, lush forest and woodland lakes.

⊠eetsie ⊠ailroad

Blowing Rock

The hiss of steam from antique locomotives sends visitors back in time at North Carolina's first theme park, founded in 1957. Chug through Wild West scenes — and beware of bandits — on a \(\overline{\text{Mill}}\) and the site. Get your kicks at Diamond Lil's Can-Can Revue and indulge sweet cravings at Fudge Works.

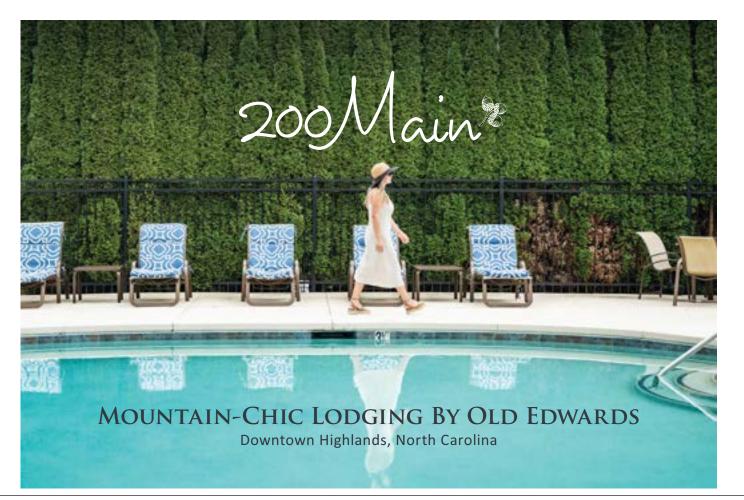


Find a gnome

away from home at **⊠ello**⊠ House on ⊠ott Creek ⊠oad in Waynesville. ⊠unting the bedand-breakfast's 5-acre grounds for whimsical garden ornaments is part of the fun, as is a bevy of board games to play. Relax amid ponds, a stream, a waterfall, walking paths and native plants.

Go for the gold⊠stay for the emeralds, garnets, rubies and sapphires. When it comes to prospecting for precious stones and metals, the \(\square\) ue Ridge Mountains shine. **Emerald Hollow Mine** in ⊠iddenite is the world's only public emerald mine and home to the town's namesake (and rare) pale-to-emerald green mineral. At Lucky Strike Gold and Gem Mine, an old commercial mining site in Marion, pan for gold in the same stream as 1800s prospectors, or screen a bucket of ore for garnets, amethysts, topa⊠ rose quart⊠and other gems. Sugar Creek Gem Mine in ⊠anner Elk offers prefilled buckets of rough gemstones that you take to the flume line, where you'll sift through sand and rock to find your tiny treasures. The outfitter guarantees you'll find precious or semiprecious stones on every trip.









COOMMA

When the weather's warm, take a dip in the rooftop pool at **⊠nscripted ⊠urham** hotel in downtown Durham. On weekend evenings, chill in a poolside cabana while a DJ spins groovy sounds. In winter, the rooftop holds co⊠ igloos for dining. Whatever the season, enjoy terrific city views.



⊠reens⊠oro ⊠cience Center

Greensboro

The wonderland includes a to with plenty of animals to observe, such as leapin' lemurs. To u can imitate the climbing and flying creatures at Skywild, an aerial adventure park towering above the to, or get more bird's-eye views gliding over Lake Sloan on the Flyway pline.

⊠orth Carolina Zoo

Asheboro

From April to October, ride in an open-air safari vehicle on a 🖾 ofari tour of the Watani Grasslands for an upclose look at rhinos, ga 🖼 lles, antelope and elephants. 🖾 u can also meet bears, barking tree frogs and hundreds of other creatures at the world's largest natural habitat 🖾 o.

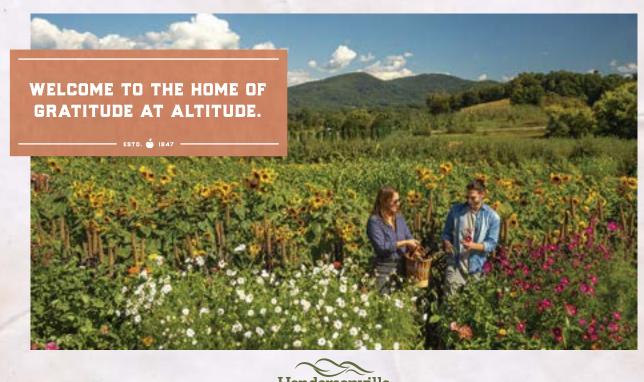
First ⊠ ard ⊠ark

Charlotte

Adults can soak up the serenity of this $\boxtimes 6$ -acre urban green space in Uptown while kids get soaked by the spray of its fountains. There's a walking path, fitness equipment and a large grassy area for playing and picnicking. The park is conveniently close to a light-rail stop.



VISITHENDERSONVILLENC.ORG





FIND GRATITUDE AT ALTITUDE"

2025 NC TRAVEL GUIDE

oastal Strolls

If you like walks on the beach, make a date for a coastal rende⊠ous and be serenaded by nature's sights and sounds.

Bodie Island ⊠⊠hthouse

The striped 1872 beacon on Cape ⊠atteras
National Seashore still helps ships navigate.
A wooden walkway snakes through the lighthouse grounds, an area of grassy freshwater marshes where you can spot waterfowl. From late April through early fall, climb 219 steps to the top of the lighthouse and get rewarded with №60-degree views.

⊠oose Creek ⊠tate ⊠ark

Washington

Thanks to slick engineering, you can wade through a cypress swamp and a freshwater marsh from the comfort of the elevated Palmetto ⊠bardwalk trail. As you explore these waters that feed the park's namesake creek, see herons, egrets and redwinged blackbirds, plus massive longleaf pines indigenous to the Tar ⊠eel State.



Corolla Beach

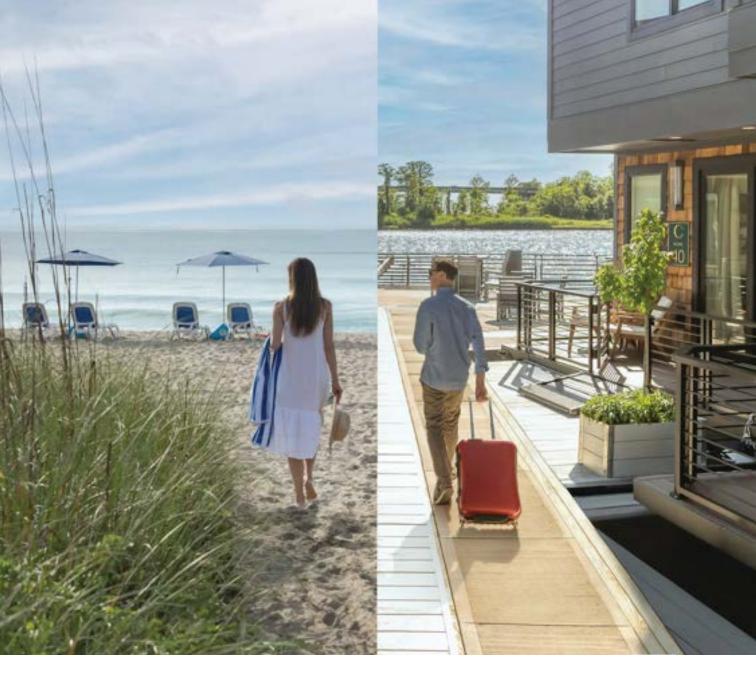
This long stretch of oceanfront on the northern Outer ⊠anks is famous for its wild horses descended from Spanish mustangs brought here more than ⊠00 years ago. If you're lucky, you might spot one on a stroll — just stay 50 feet away, it's the law. There are boardwalks and nature trails, too, along with plenty of pristine sand for constructing the finest fortresses.





Cashie ⊠ver ⊠ree Houses in Windsor offers four houses nestled along the Cashie River. Each home includes an outdoor gathering area with chairs and benches for enjoying fresh air and views. Get a closer look at the river on a kayak or canoe excursion (rentals available) or go hunting and fishing.

PHOTOGRAPHS: (BEACH) SAM DEAN, (TREE HOUSES) RYAN DONNELL



Come to relax seaside. Stay in style dockside.

Stay in style just steps away from relaxing with a good book along spacious beaches. Oceanfront resorts, historic downtown riverfront hotels or even houseboat villas, here, you'll find your ideal waterfront retreat.

Discover the best of the Carolina coast all in one place.





Take a taste trip through award-winning restaurants, iconic barbecue joints, international eats and Southern staples.







he Finalists

™anovative chefs and impeccable service helped these people and places earn recognition as ⊠nalists at the ™™ ⊠ames Beard ⊠wards.

⊠amie ⊠avis o⊠he Hackney

Washington

Save up your pennies for fine dining in a restored 1922 bank building. Even if your expectations are as high as the interior ceilings, they'll be met by Jamie Davis' Southern eclectic⊠menu of surf and turf. (Think seared scallops with purple asparagus or fried pork belly with a golden raisin mostarda.) Davis ensures the ingredients are as local and farm-fresh as possible — a promise you can take to the bank.

2 OUTSTANDING C⊠E⊠

⊠ean ⊠e⊠o⊠ea⊠rd

Wilmington

⊠u can almost feel the salty ocean bree while diving into Seabird's swordfish schnit ltel, tuna tartare and other stunningly plated dishes dreamed up by chef-owners Dean Neff and Lydia Clopton. The seasonal seafood tower is a showstopper worth sharing with the whole table depending on the time of year, it may include deviled catfish, blue crab salad and a smoked sturgeon dip with osetra caviar.

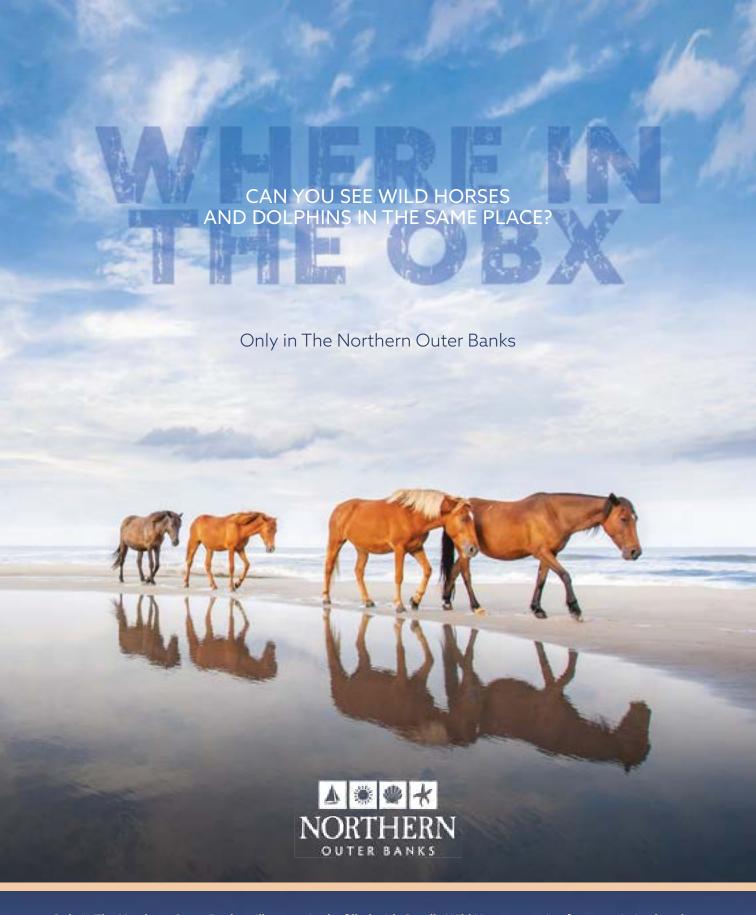
☑ OUTSTANDING ☑OSPITALIT☑

STORY: JESS HOFFERT. PHOTOGRAPHS: (HACKNEY) EMILY BENNETT, (SEABIRD) KATE WARREN, (CRAWFORD) C⊠PHOTOGRAPHY

Cra⊠⊠rd and ⊠on

Raleigh

The team of chef Scott Crawford, chef de cuisine Aaron Salita and general manager 🖾 Rider ensures Crawford and Son runs like clockwork, down to the servers' knowledge of each ingredient's backstory on the hyper-seasonal menu. Curious about the origins of your grilled lamb loin, heirloom carrots with harissa yogurt, or peach and melon salad with duck prosciutto They'll gladly fill you in.



Only in The Northern Outer Banks will memories be filled with Corolla Wild Horses roaming free on pristine beaches, historic maritime attractions, luxurious accommodations and abundant laidback family fun.

Barbecue egends

⊠othing ⊠res up a saucy debate like asking which style of ⊠⊠ 'cue is better \boxtimes Æ⊠ington or ⊠astern. ⊠ecide for yourself after visiting some of these time-tested spots that serve the best of each.



Lexington-style barbecue stars a vinegary, tomato-laced ⊠lip,⊠ along with the meat of sliced, chopped or pulled pork shoulder. It's traditionally served with a red-tinted slaw at places like Lexington's Bar Zecue Center, the oldest of a do⊠n local spots still cooking in a pit. (They're also known for their behemoth of a banana split.) Eyond Lexington, pit-cooked 'cue runs in the family at Red Bridge⊠Bar⊠ecue Lodge in Shelby. The grandchildren of founders Red and Lyttle (Mama ⋈) ⊠ridges run the business today, and they still cook the pork over hickory all night long. ⊠ickory smoke also flavors tender pork at Stamey Bar Ecue in Greensboro. Pitmasters come in before the break of dawn to light hardwood coals that cook 15-pound pork shoulders.



On the coastal plain, Pitt County serves as a hub for Easternstyle 'cue. After smoking over hardwood, the meat gets topped with a vinegar-based sauce. Sam Jones has become a barbecue icon after following in the footsteps of grandfather Pete Jones, who fired up Ayden's Skylig⊠t Inn BB⊠ in 19⊠7. At Sam ⊠one⊠BB⊠ in Winterville and Raleigh, order the Jones Family Original XXX Tray for wood-fired, whole-hog perfection. The late Wilberdean Shirley founded ⊠il er Bar ecue in 1962, and the Goldsboro favorite has stayed true to its roots, cooking whole hogs all night over oak embers in open pits. In Greenville, follow the smoke to B⊠Bar⊠ecue, an old general store with picnic tables. Arrive early (it's popular) and bring cash to the lunch-only spot.

PHOTOGRAPHS: (LE⊠INGTON) GEOFF WOOD, (SKYLIGHT) SAM DEAN





What do you get when you cross



A fusion of refined flavors and unforgettable experiences that make every moment special.



VisitWinstonSalem.com

Love for lumpia (paper-thin fried spring rolls) has spread throughout this military town, with demand keeping this family-owned restaurant bustling. Choose from pork, beef, chicken or vegetable variations, and round out your meal with an entree of pork or chicken adobo.

⊠he ⊠ost ⊠ om⊠at

The land of Down Under has made its way to North Wilkesboro. Order shrimp on the barbie (shrimp skewers coated with honey-garlic sauce) and enjoy the communal atmosphere on the sprawling lawn with picnic tables and yard games.

⊠oner St Irish ⊠u⊠

Morganton

Jim and Iris Toner fell in love with a Dublin pub on a trip to Ireland, so naturally, they created a full-scale reimagining of it in their hometown — nearly ≥00 years after the original location opened. Imported materials give Toner's authentic flair, as does the menu⊠ shepherd's pie, corned beef and cabbage, Scotch eggs, and more.

⊠alaya ⊠hai Cuisine

Sylva

Chef ⊠anlaya ⊠Gun⊠Supachana whips up the flavors of Thailand rich curries, sauced noodles, sticky rice (sometimes with mango) and savory seafood — with precision that earned a 202⊠James ⊠eard Award nomination. A specialty⊠sai-Ua (pork sausage with green chili dip).

Zou won't encounter any ∑S lines en route

to these culinary adventures, unless your de⊠nition

of ⋈S⊠ is ⊠tasting something ama⊠ng.⊠



Indian street food lies at the core of chef Meherwan Irani's menu, but it's the perfect harmony of textures and flavors that led Chai Pani to winning the James ⊠eard Award for outstanding restaurant in 2022. Fill up on vada pav (spicy potato dumplings) and tandoori chicken with a mint-yogurt chutney.





What do you get when you cross



A living canvas where nature's beauty greets bold artistic expression.



VisitWinstonSalem.com

Southern Staples

oxtimesake your way from the coast to the mountains for the ultimate progressive meal of comfort food. \boxtimes eads-up \boxtimes **I**t's about **I** miles from start to \(\sigma\) nish. \(\sigma\) an accordingly.

APPETIZER

Belcross Biscuit Company

© Camden

Jeff ⊠urns has earned the nickname Mr. Scuits for his flavorful and fluffy concoctions, including the signature sweet potato biscuit. Go big with the ⊠angover ⊠scuit sandwich ⊠bacon, sausage, egg, cheese and hash browns — all drowned in gravy.

ST COURSE

⊠alt⊠o⊠ ⊠ea Øod ⊗oint

O Durham

The 2022 James ⊠eard Award winner for best chef⊠Southeast, Ricky Moore, dresses up the freshest catches (blue crab, mahi-mahi and many more) with Appy seasonings. Don't skimp on the sides, especially Moore's addictive ⊠ush-⊠oneys⊠honey-gla 2ed cornmeal fritters.





If you feel like you've just walked into Sunday dinner with relatives, this family-owned restaurant considers its mission accomplished. The fried chicken has garnered national attention, and the candied yams, collards, and mac and cheese will keep you happily stuffed until the next stop.

⊠RD COURSE

⊠ood Hot Fish [⊙] Asheville

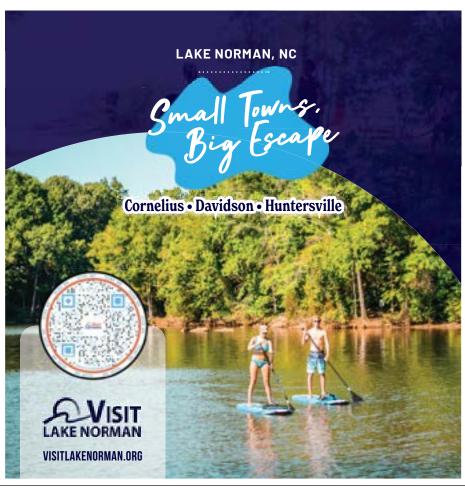
⊠onoring the recipes of her fishfrying grandmother and other relatives, Top Chef contestant Ashleigh Shanti dishes sustainably sourced shrimp burgers and catfish sandwiches, plus a kicky sweet potato cabbage pancake with sorghum hot sauce.

DESSERT

Ice Cream ⊠rail

Hendersonville

The 1⊠stops on this sweet journey cater to all ⊠oneheads⊠and froren fiends. ⊠ouse-made scoops at **⊠e Baker ⊠Bo** ⊠combine classic flavors with berries, candy and other edible inspiration.





What do you get when you cross



A journey where history steps out of the past and dances with the urban flair of renewal.



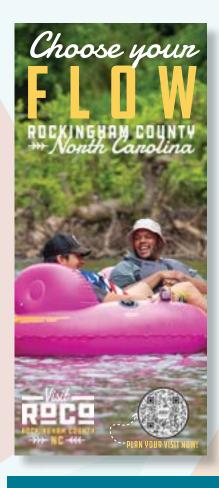
VisitWinstonSalem.com















FULL DAYS OF FUN. You're Welcome.







greensboro

VISITGREENSBORONC.COM

PLAN YOUR FULL DAY:



ASHEBORO BURLINGTON CASWELL COUNTY GREENSBORO HIGH POINT LEXINGTON MOCKSVILLE MOUNT AIRY ROCKINGHAM COUNTY STOKES COUNTY THOMASVILLE WINSTON-SALEM YADKIN COUNTY



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10 WAYS TO WATER

Go with the flow when you visit H₂O havens across the mountains, Piedmont and coast.

hen you think of North Carolina waters, the first thing you might picture is a beachfront vacation or a tour of mountain waterfalls. While the state's 320-mile-long coastline and hundreds of cascades are a great place to start, expand your aquatic options with a peaceful paddle through the Albemarle Sound, fly-fishing in the Tuckasegee River, or a forest-lined tubing cruise down a Piedmont waterway. For crowd-free white-sand beaches, kick off your flip-flops and dive into a good read at White Lake, or try to solve the mystery of Lake Waccamaw, one of numerous Carolina bays whose formation has yet to be fully explained. One thing that's clear about all these spots (beyond the water itself): They're filled with potential for your next getaway.



BOARD MEETINGS Ideal wind conditions and geography bring primo surfing waves to Wrightsville Beach. Hang ten with Tony Silvagni Surf School in nearby Carolina Beach.





MYSTERIES AFLOAT Scientists can't say exactly when and how Carolina bays like Lake Waccamaw were formed, but it's no secret that this one's great for swimming, boating and dock-tastic photo ops.



WHAT LIES BENEATH Harmless hellbenders — the largest salamanders in the U.S. — slither in the New River, named a National Wild and Scenic River for its surrounding mountain majesty.



LAZY RIVER Let the gently flowing Dan River do the work during two- to three-hour floats with MadTown Tubing in Madison. Special tubes for your cooler allow easy beverage access.



ROOTED IN BEAUTY Join Native Girl Kayaking for a tour of cypress trees in the Albemarle Sound. The postcard-ready surroundings are known as the Cypress of the Shallows.





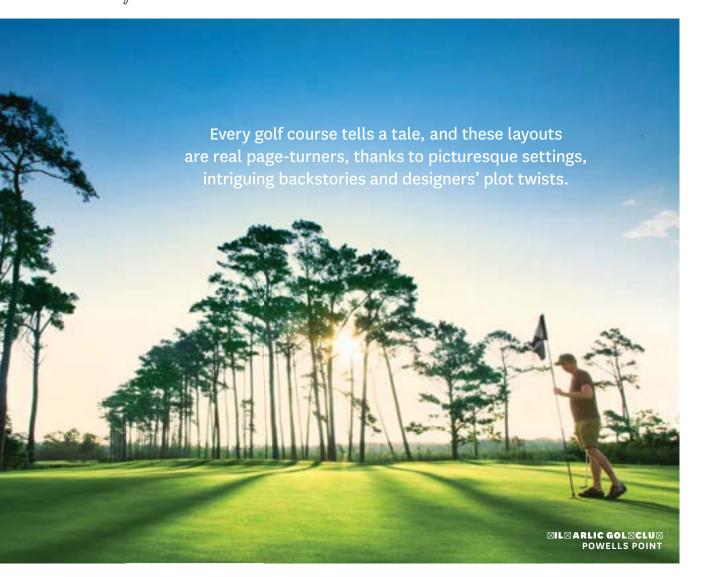
ROPE WARRIOR No experience is necessary (but you will need a bit of courage) to rappel down the rushing cascade of Little ⊠adley Falls with Green River Adventures in Saluda.



PIER PARADISE An ADA-accessible fishing pier, an abundance of picnic tables and bald eagles make for a family-friendly afternoon at Cherokee Lake Recreation Area near Murphy.



TIME PADDLING Canoe or kayak through tunnels of trees and past old textile mills once powered by ⊠tchcock Creek, now the 1⊠ mile ⊠tchcock Creek ⊠ue Trail in Rockingham.



oast

☑he game of golf is a bree ☑e when you're playing on coastal courses shaped by waterways and windswept stands of trees.

⊠lmarlic ⊠ol⊠Clu⊠

Play your way through canopies of oak, pine and dogwood on a course that embodies Outer Anks beauty across 605 acres of maritime forest and wetlands. Though not a long layout, Almarlic is a challenging one, expertly bunkered and laced with water ha Ards — like the pond at the second hole, which you'll see again at the 11th, a par with an island green.

Occano Merry Hill

More than half the holes on this recently updated Arnold Palmer-designed course offer cart-stopping views of Albemarle Sound and Salmon Creek, particularly the par-three 17th — good luck keeping your eye on the ball and the flagstick. Wide fairways and frequent bree ≥s invite aggressive driving (⊠la Arnie's hitch-up-yourpants style), but beware of challenging bunkers. The course is surprisingly rolling for the coast.

whe wound wolwinks at Alwemarle Mantation

Designer Dan Maples had a talented collaborator -Mother Nature — in carving out this course along Albemarle Sound. ⊠oles ease through statuesque pines and moss-laden cypress trees, crossing ages-old marshes and waterways. The last three holes are especially memorable, thanks to amading views of the Sound. The entire right side of the par-four 18th borders the water, letting you finish with a splashy flourish.







www.tryonpalace.org 529 South Front St. 252.639.3525











Nestled in the heart of the Blue Ridge Mountains, Mitchell County, NC, offers a rare blend of adventure, art, and Appalachian charm across three distinct towns. In **Bakersville**, explore a vibrant arts community and explore our section of the Appalachian Trail. In **Spruce Pine**, experience a lively downtown filled with local gems, delicious dining, and outdoor activities along the Toe River. In **Little Switzerland**, enjoy a European-style mountain village with breathtaking views, scenic drives, and the Blue Ridge Parkway.

FACEBOOK: DiscoverMitchell
INSTAGRAM: DiscoverMitchell_NC
www.discovermitchellnc.com





(F⊠, this is a walking course best played with a caddy. Dou can also use a complimentary pushcart.)

Cas⊠ell ⊠nes ⊠ol⊠Clu⊠

Off the beaten path yet less than an hour from Greensboro, this gem provides a tour of rippling Piedmont topography. Cart paths curve through groves of loblolly pines and mixed hardwoods, and greens slope significantly from back to front — keep your approach shots below the hole or face speedy downhill putts. The par-⊠ fourth hole is tricky, with two ponds poised to throw you off your game.

⊠outhern ⊠nes ⊠ol⊠Clu⊠

Southern ☐nes

One of the great Donald Ross' earliest courses, Southern Pines debuted in 1906, hosted a thrilling 19⊠6 tournament duel between ⊠en ⊠ogan and Sam Snead, and was painstakingly restored in 2021. It's perhaps the most dramatic golf terrain you'll find in the Sandhills, blurring lines between design and nature. Don't miss the ⊠ost hole,⊠a bonus par ⊠inspired by Ross' original design.

⊠cotch ⊠eado⊠s Country Clu⊠

Ross designed the front nine, which opened in 19™. The back nine came in 1965, courtesy of Russell ⊠reeden, and now the whole course has a Ross vibe. The par-⊠fifth hole is considered the hardest by most players. It's a dogleg left with out of bounds on the right and a ha⊠ard on the left. Par feels more like a birdie, and simply making it to the green is cause for celebration.







OUTDOOR NC LEAVE NO TRACE PRINCIPLE Leave It As You Find It

orth arolina's golf courses and other green spaces are home to an ama ing diversity of indigenous flora and fauna. Snap a picture instead of picking flowers and collecting pine cones.



ountains

⊠e⊠t-level golf awaits in these mountain courses, where everything feels elevated, especially the sense of wonder fostered by the scenery.

⊠e⊠uoyah

⊠ational ⊠ol⊠Clu⊠

Whittier

Owned by the Eastern 🖾 nd of Cherokee Indians, this Robert Trent Jones II course leads golfers on a gorgeous yet challenging journey through oaks, firs and flowered valleys — with the Great Smoky Mountains looming on the horiळn. The par-four 15th hole is especially stunning, its green seeming to float above the fairway. Signs at every tee box share stories of the Eastern 🖾 and of Cherokee Indians.

⊠he Omni ⊠rove ⊠ark Inn

Asheville

Follow in the spike marks of 🗷 n 🖾 ogan, 🖾 bby Jones, Jack Nicklaus and some U.S. presidents, all who've played the Donald Ross-designed course at this historic hotel. Ross finished the layout in 1926, and a 2001 update revived its roots. The course is not long, but undulating greens can cost you strokes. Views of the 🖾 ue Ridge Mountains make rounds unforgettable.

Apple ⊠alley ⊠ol⊠ Course at ⊠um⊠lin⊠ Bald on ⊠ake ⊠ure

The apple doesn't fall far from the tree, they say, so it's not surprising that Dan Maples — son of prolific course architect Ellis Maples — designed this layout. What's surprising is how level or downhill most of the holes are given the roller-coaster topography of the \(\text{\text{\text{Me}}} \) ue Ridge foothills. \(\text{\text{\text{\text{\text{M}}}} \) that doesn't mean the course is a pushover \(\text{\text{\text{\text{\text{\text{\text{m}}}}} \) they were set your putting prowess.



area of North Carolina is truly a "great place to visit and a better place to live!"

www.ElizabethtownWhiteLake.com

Visit our downtown

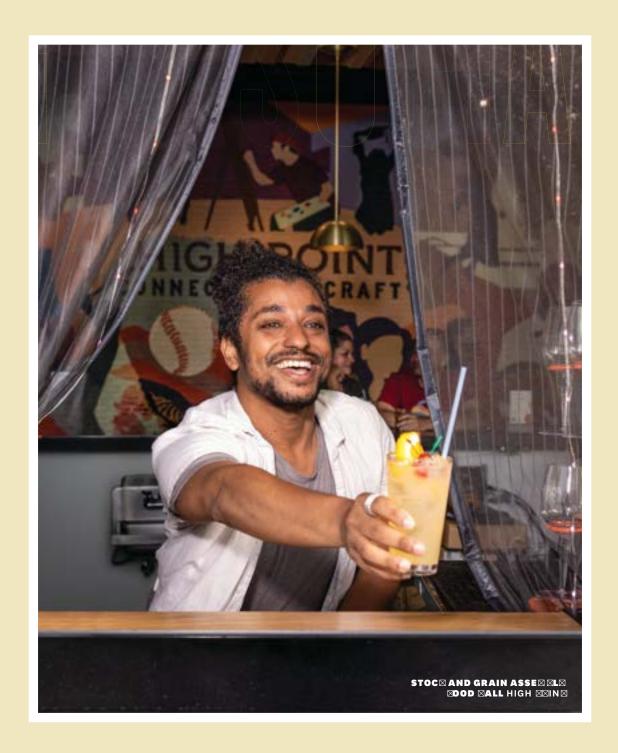
P: 910.892.3282

DunnTourism.org

shops and restaurants to experience the friendly charm of Dunn.







Explore North Carolina on the rocks, tapping into its booming social district scene, innovative mocktail menus and unique sipping venues that leave you stirred — not shaken. v t v NINMI NILLER WA

2025 NC TRAVEL GUIDE





hen visiting a social district, pay attention to storefront signage that identifies where and when participating patrons can imbibe.

™ more than ™ Mand counting ™ North Narolina cities, designated social districts allow you to carry open alcoholic beverages into participating shops, galleries and other attractions. Nere's a sampler of four experiences across the state.

✓ pto⊠n ⊠ocial ⊠istrict

The home of East Carolina University is also home to a popular concoction fit for an alumni reunion. Now you can grab a refreshing Sup Crush to go, while taking in the revitalization of Dickinson Avenue and beyond.

to soto

CRUS⊠ VOD⊠A DISTILLER⊠ AND COC⊠TAIL ⊠AR

The Sup Crush, a sprit⊠ fusion of flavored vodka, freshly squee d citrus and a dash of lemon-lime soda, gets the party started. The drink originated at Su⊠ og a locally cherished hot dog joint across from the distillery.

E⊠ERGE GALLER⊠ AND ART CENTER

As the home of the Pitt County Arts Council, Emerge is not just an art gallery but a vibrant community hub. Check out rotating exhibitions and art installations, often showcasing local talent.

NATIVE MNE DINER

One part old-school diner, one part upscale canteen, it's a colorful contrast of nostalgia and innovation. Contemporary takes on classics include Disco Fries accented with tru⊠es and Gruy⊠e.

PITT STREET ⊠RE⊠ ING CO⊠PAN⊠

Sit under the covered beer garden in the front or romp around the pet-friendly outdoor space in the back and enjoy a few local brews here. The 15-barrel brewing system and craft beer production facility are in full view of the taproom inside this former Coca-Cola 🖾 ttling Company building.



WHISKEY KITCHEN RALEIGH

Historical architecture, high-tech wonders and modern public art define Raleigh's thriving downtown. Pair your explorations with one of many lively festivals held throughout the year.

top spots

BITTERSWEET

Can't choose between a cocktail and dessert? You don't have to. Weekends feature a blueberry peach galette topped with crème fraîche ice cream. (It makes a dreamy match with the toasted almond coffee cocktail.) A to-go window allows for uninterrupted neighborhood perusing.

DECO RALEIGH

Pop into this curated collection of fun and funky gifts — including gourmet foods, decor, candles, children's items, jewelry and home goods — from local independent makers, artisans, crafters and designers.

VIDERI CHOCOLATE FACTORY

The bean-to-bar chocolatier offers allergen-free confections sourced from fair-trade and organic farms. Witness the chocolate-making process and finish your visit on a sweet note: soft-serve topped with a chocolate cowboy hat and other glorious garnishes.

WHISKEY KITCHEN

Indulge in one of the house specialties, such as the Beer and Loathing with bourbon, amaro, lemon, honey and a splash of IPA. Elevate your experience with kitchen bites, including boiled peanuts or a slice of shoofly pie.

OUTDOOR NC LEAVE NO TRACE PRINCIPLE Trash Your Trash

Always remember to place your trash in garbage bags. Food scraps, cigarette butts and other litter can take years to decompose.





⊼ Catalyst ⊠ocial ⊠istrict 🤊 High **⊠**oint

Anchored by the High Point Rockers baseball stadium, this buzzy area set within the Catalyst District boasts a brewery, a winery, a food hall and a colorful array of retailers.

to sots

T⊠E ⊠LOO⊠ING ⊠OARD

This boutique charcuterie and cheese shop invites you to gather, gra and shop. Check out the outdoor patio while you reserve a grab-and-go charcuterie board or stay and sip on fros (all day).

$\mathsf{NO}oxtimes\mathsf{AD}oxtimes\mathsf{INE}oxtimes\mathsf{OR}oxtimes\mathsf{S}$

PHOTOGRAPHS: ACKERMAN + GRUBER, (WHISKEY KITCHEN) NATALIA WEEDY

The first urban winery in the Triad region resides in a former furniture showroom. Nomad sources grapes, fruit and honey from around the country to make their cider, wine and mead.

PADDLED SOUT⊠ ⊠RE⊠ ING CO⊠

Owner Dave Nissen Apaddled south from his native Minnesota to meet his wife, Amy, inspiring the name of this microbrewery. Try the Meat Series, a rotating lineup of fruited wheat beers tinged with serrano and habanero peppers.

STOC⊠ AND GRAIN ASSE⊠ ≥L⊠ ≥DOD ⊠ALL

Choices, choices! Agh Point's sole food hall features two bars and seven food kiosks. Try Cahoots, a patio bar with Truist Point stadium (home of the Agh Point Rockers) providing the backdrop.



| ⊠ain ⊠treet | ⊠ocial ⊠istrict

Sylva

Sylva proves you don't have to be a big city to be buzzworthy. Here, you can experience contemporary Main Street draws with a timeless mountain backdrop.

to sots

INNOVATION ⊠RE⊠ ING

A stop on the Jackson County
Ale Trail, the brewery sits beside
a mountain creek and serves
up peak vistas. Sop into the
rotating selection of seasonal
brews, hard ciders and a
house-made ginger ale. The
on-site Cosmic Carry-Out
food truck features pi A from
Meatballs. (Learn more below.)

⊘AC⊗SON COUNT⊗ ⊘AR⊗ERS ⊗AR⊗ET

The year-round market invites you to sip, stroll and explore on Saturdays. ☑ rowse crafts vendors and artisans from Western North Carolina, peruse handmade pottery and treat yourself to baked goods — all to the tune of live music.

⊠EAT⊠ALLS

Santiago and Crystal Guzzetti own multiple hot Italian spots in town. This one's home to inventive pizzas — think pears, walnuts and balsamic vinaigrette as toppings — jazzed up further by zippy drink pairings like the spiced sangria.

☑y day, White Moon welcomes you to their co☒y cafe, only to morph into Dark Moon, a hidden cocktail bar nestled within the shop come nightfall. Nosh on avocado toast and other brunch favorites in the a.m., then return for evening delights as you savor cocktails amid a candlelit ambience.





of approval Furry friends are welcome inside or on the patio at Weldon Mills Distillery. d acent walking trails along the Roanoke River provide ample space for strolls and sniffs.

⊠ghts. ⊠amera. ⊠rink⊠With surroundings both calm and cool, these spirited spots are ready for their close-ups.

In a 🗵 heater

Originally a 19\(\text{Ds-era movie}\) house, Mar Meatre Brewing **Co**⊠n Mars ⊠ill earns a PG rating (pretty glorious) for its crowd-pleasing pub fare (nachos smothered in beer cheese) and craft beer lineup.

In the ⊠ountains

The rich, rolling terroir of the ⊠endersonville area lends itself to well-balanced vintages and serene vistas at Stone A E Vinevard

□ lan vour visit around a live music event, best enjoyed with a glass of estategrown Riesling, Chardonnay, Sauvignon Manc and others.

In a Former ⊠harmacy

Once a community drugstore. New ⊠ern's ⊠ ve ⊠ ld ⊠nni⊠now soothes with gourmet toast instead of Tylenol. Locals arrive for their shot of caffeine in the mornings. At night, chat over cocktails — such as the Cherry Rosemary Old Fashioned. It's guaranteed to cure your ills.

On a ⊠ama Farm

Come for the vino and stay for the furry friendships at **⊠i⊠ne Llama Vineyard**⊠in East ⊠end. For fun photo ops, try a llama trek along 2 miles of pastoral hiking trails that wind through the farm.



Alon⊠a Canal

Follow history along the Roanoke Canal Trail while savoring the artistry of spirits produced at adjacent ⊠ **eldon** Mill⊠⊠i atillery Sample Soldier's Cut bourbon and rhubarb gin inside an 1892 corn mill before hitching a trolley ride to the production facility for a tour.

 \boxtimes rafted with care and creativity, these \boxtimes ero- and low-proof cocktails use the \boxtimes nest ingredients, ensuring a \boxtimes avorful \boxtimes ourney with every sip.



Il Ci⊠no Italiano

Swansboro

Renowned for its meatballs and manicotti, this traditional Italian restaurant boasts a whimsical mocktail menu. The standout is Swan Juice, where muddled raspberries and blackberries dance with orange and strawberry juices. It's all crowned with a splash of lemon-lime soda.

⊠ndred

O Davidson

⊠u'll never go wrong with the barkeeper's choice at the nationally recogni drestaurant of Joe and Joe a

⊠antern

Under the stewardship of chef and owner Andrea Reusing, this decades-old restaurant has garnered national acclaim for its innovative fusion of Asian flavors. Dive into their spirit-free ☑☑ Verjus Sprit☒ a blend of verjus blanc (white grape juice), yu☒ citrus, cucumber and tonic.

⊠erle⊠

Wilkesboro

A 15 Syear-old cottage is home to this co Sy, chic bar. Their gardeninspired, Pero-proof cocktails are deceptively complex. Take the Smoking Citrus, a blend of juices served in a smoking bell and garnished with a rim of lime, smoked salt and poblano pepper powder.

⊠he ⊠elvet Hippo

Ourham

On the rooftop or at an indoor tabletop, the Tomorrow-Friendly menu highlights low- and no-alcohol options. Get sweet with She Is the Moment (NA gin, lemon and muddled blackberries). It goes down easy after shared plates of Cuban sliders, Taj⊠-dusted elote dip and cheeses served with fig jam.

Throughout North Carolina, you'll find attractions that provide ways for everyone to enjoy visiting as fully as possible.

writer GARSTSOSPSON





⊠his trio of inclusive destinations makes it easier than ever to e⊠plore, discover and learn.

Harvey B⊠antt Center or A⊠ican⊠American Arts ⊠Culture

Oharlotte

Patrons with vision loss can use Apple ireacons to navigate the museum. The devices, installed as part of Charlotte's No Dark Doors initiative, use suetooth to transmit audio descriptions to nearby smartphones.

International Civil ⊠i⊠hts Center ⊠⊠useum

Greensboro

Three tour options suit different mobility and comfort levels.

Interactive Virtual Tours are entirely online, consisting of prerecorded footage and a live discussion (via

Dom) with a senior museum docent.

⊠orth Carolina

⊠useum o⊠Art [⊙] Raleigh

Visitors who are deaf and hard of hearing can take a tour in American Sign Language on the third Saturday of every month. They'll find assistive listening devices in the auditorium and open captioning at video stations.





PHOTOGRAPHS: ACKERMAN + GRUBER, (ART MUSEUM) C⊠PHOTOGRAPHY

⋈he ⋈ome ⋈urnishings
⋈apital of the World also
leads the way in providing
a di⋈erent kind of comfort⋈
helping visitors with autism
and sensory sensitivity
travel with con⋈dence.

Sensory-friendly attractions abound in **Hig**⊠**⊘oint**, the first Certified Autism Destination on the East Coast. ⊠i Xtraction⊠ Art Studio knows some of its painting customers prefer to create with little background noise, so they schedule Sensory Safe ⊠ours on the first and third Saturdays each month and every Wednesday evening. The **Nido** ⊠ Mariana ⊠u⊠ein C⊠ldren⊠ Mu ≥ um offers quiet areas for those needing to retreat when overloaded. The highly interactive museum also provides a sensory guide to its spaces and exhibits.

Reali⊠ng unfamiliar accommodations can throw off anyone, ⋈H Adam⊠Inn has headphones and fidget toys available, plus a low-sensory area where overstimulated guests can take breaks. Few corners of the world are judgment free, but ⋈आCorner is. The sensory-based gym lets all kids play without limitations. Their multisensory room is simultaneously stimulating and calming.

Restaurants can get noisy and crowded, so at **Sweet** Ad **Bill** they serve North Carolina barbecue with a big helping of TLC — the staff is trained and certified to help diners with autism and sensory sensitivity feel welcome and comfortable. Sefore watching Agh Point Rockers baseball at Tuix Doint, check out the stadium's sensory guide. If someone needs to take themselves out of the ball game, the picnic area and team store offer quieter spaces.

8

Carolina Beach

Don't let mobility challenges throw sand on a day at the beach. Thanks to local groups, you can use one of several beach wheelchairs offered free of charge by the Carolina Seach Parks and Recreation Department. Reserve one for up to a week and pick it up on-site.

Caro⊠inds [®] Charlotte

Rent strollers, wagons, wheelchairs and electric conveyance vehicles (ECVs) on a first-come, first-served basis at the amusement park's rental center. Some ECVs can be rented in advance. Water wheelchairs are available at on-site Carolina Marbor Waterpark attractions.

Havens ⊠ardens ⊠ark

Washington

An all-inclusive playground along the Pamlico River includes two fully accessible play structures, sensory panels, rubber safety surfacing and a Liberty Swing — an Australian innovation that sets wheelchair users free to glide with glee.





⊠orth Carolina Zoo

Asheboro

When it feels like, well, a ⊠o here, reach for a sensory bag packed with fidget tools, noise-canceling headphones and other resources. Designated quiet ⊠nes provide more respite, and noisier areas are labeled ⊠eadphone ⊠ones. Wheelchairs and ECVs are available to rent.

⊠e⊠eune ⊠emorial

⊠ardens ^② **⊠**acksonville

Paved, wheelchair-accessible paths make it easy for everyone to honor those who serve our country and remember the ones who sacrificed their lives for freedom. Zighlights include a Vietnam Veterans Memorial and a 9🛭 1 Memorial beam from the World Trade Center.

⊠ylvan Hei⊠hts

Bird ⊠ark

Scotland ⊠eck

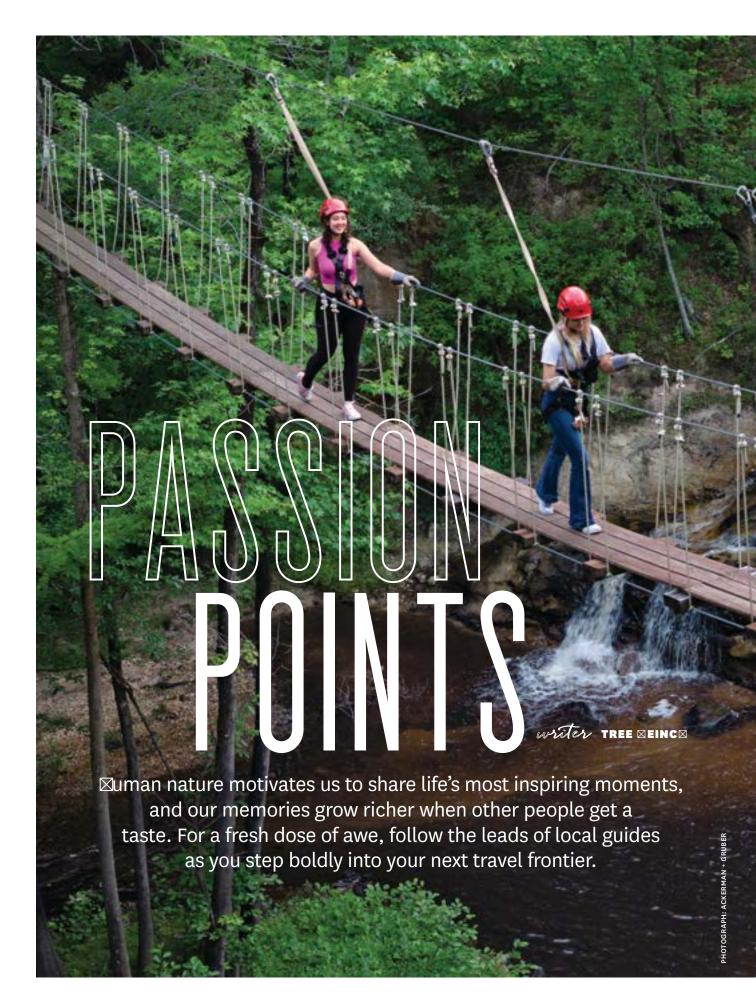
Visitors in wheelchairs can access all the aviaries and use nearly all the nature trails — most paths are paved. Staff can suggest routes when you check in. Rent nonmotori 2dd wheelchairs (free) from the Visitor Center.



No chasing these waterfalls they flow near the road. $\boxtimes \mathbf{ry}$ **⊠all** a 75-foot-tall cascade in Nantahala National Forest near ⊠ighlands, is named for how it drops over a cliff, leaving space to walk behind and stay dry. Wheelchair users can enjoy the view from a lookout ramp along US-6⊠ Pull off US-276 just north of ⊠revard to reflect on 60-foot-tall Looking Gla⊠ ⊠**all**⊠ a highlight of Pisgah

National Forest and arguably the state's most accessible waterfall — it's visible from the roadside as it swan-dives into a swimmable pool. The long and winding road that leads up White Oak Mountain from Columbus passes S⊠unkawauken ⊠all⊠ a 150-foot-high thriller-spiller that passes beneath the road for double views. Marvel from your vehicle. (There's limited room to park or walk on the roadside.)

2025 NC TRAVEL GUIDE





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XXXXX X ■ XXX ♥ XX yetteville

It's one thing to build an epic Apline park sustainably integrated into dense forest and waterfall terrain. It's another to ensure that destination is as accessible as possible, which is a North Star value at Apalest. A big part of the tour guide's role is to coach and support guests in every way, course manager Greg Shinn says. During his 1 Apears at Apalest, one of his most memorable experiences involved supporting a wheelchair user who was determined to Apline after a paraly Ang trad accident. Shinn has also guided a 95-year-old guest and her 9 Apear-old sister through all eight Aplines. For a truly unique thrill, anyone can book a weekend Night Lest expedition, complete with a bridge walk past the course's waterfall illuminated by spotlight. Call us the Disney World of Fayetteville, Shinn says.

⊠ORE TO



NANTA⊠ALA OUTDOOR CENTER

Bryson City

Choose your active endeavor⊠ mountaintop tour or adventure park in the trees⊠ ⊠oth ⊠pline excursions are just a taste of the heart-thumping feast at this 500-acre campus with Nantahala River whitewater and Great Smoky Mountains vistas.

NAVITAT CANOP⊠ ADVENTURES

Barnardsville

Maybe you've ⊠pped through a treetop canopy before. Ready to up the ante⊠Near Asheville, Navitat's premier Mountaintop Tour includes two lines spanning more than half a mile between two mountain peaks. Side-by-side lines allow you to fly with a buddy for moral support (or a little friendly competition).

TE SE AEP PARE

™ ur feet are sure to stay dry when you stick to the treetops. And these aren't just any hardwoods. The Cypress Canopy ☑ pline Tour promises an intimate encounter with its swamp trees — some more than 100 years old. Watch for deer, raccoons and even wild boar in the wetlands below.

USSMATIONAL

O Charlotte

This home to the world's largest human-made whitewater river serves up more than paddling fun.
Cable bridges, ropes courses and Aplines round out the adrenaline-pumping offerings.
Dou can glide down some of the lines after dark or book tickets for a Apline and Dine event, featuring local sips and bites.

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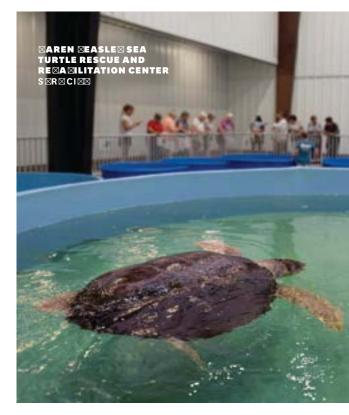
When it comes to the beloved black bear often associated with the Appalachian Mountains — Outer ⊠anks resident and wildlife photographer Mark ⊠uckler likes to share a notso-little secret. We have approximately twice as many black bears on the coastal plains of North Carolina as they do in the Western NC mountains,⊠⊠uckler says. And the biggest ones in the world. ⊠e once counted 92 different bears on a one-day outing near his home.

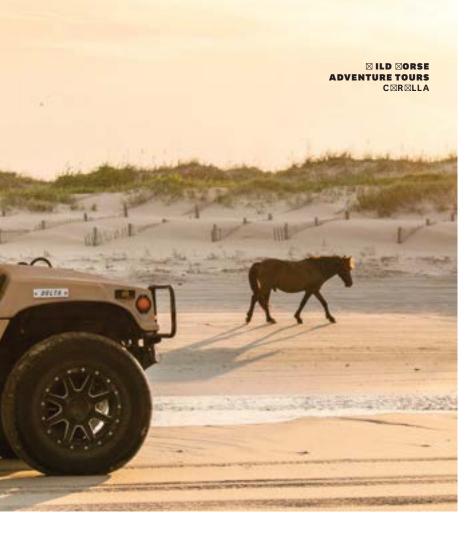
Su⊠ce to say, it pays for animal-loving visitors to hire an expert like ⊠uckler. ⊠e's a trained wildlife biologist who spent two decades doing field research and teaching before pivoting to private immersive wildlife excursions for visitors
— cameras encouraged.
One of his go-to regions, the
Albemarle-Pamlico Peninsula
beside the Outer ⊠anks, claims
the greatest concentration of
black bears in the world. Two
key sites there, the Pocosin
Lakes and Alligator River
national wildlife refuges, also
boast bobcats, river otters,
tundra swans and alligators.

☑We have an ama⊠ng variety of
wildlife here that is really kind
of a hidden gem,⊠⊴uckler says.

For the last 10 years, the town of Plymouth has been spreading the word via the **⊠ational Black Bear Festival ⊠** bok a trip for the first weekend of June to encounter all things black bear at this equal parts educational and festive riverfront celebration.





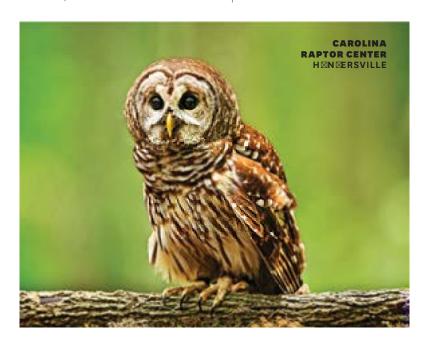


OUTDOOR NC LEAVE NO TRACE PRINCIPLE

Keep Wildlife Wild

PHOTOGRAPHS: (BEAR) KRISTY MODLIN, (HORSE) RYAN DONNELL, (TURTLE) COURTESY OF KAREN BEASLEY SEA TURTLE RESCUE AND REHABILITATION CENTER, (OWL) PATRICK SCHNEIDER

o matter whether you're visiting black bears, birds, horses or other creatures, all wildlife should be treated with respect in all areas.



⊠ORE TO



CAROLINA RAPTOR CENTER

O Huntersville

Eagles, owls and other birds of prey put on a show at this rehabilitation and education center. Join for daily flybys, presentations and personal chats with the keepers. The site offers bags with noise-reducing headphones and other supports for anyone with sensory challenges.

CAROLINA TIGER RESCUE

⊠ealing and safety take center stage for the tigers, lions, cougars and other mammals here. Most were recovered from roadside attractions, personal homes and other dire circumstances. ⊠uy advance tickets (consider a twilight visit or an exclusive private tour) to witness the more sociable cats and support the cause.

ITS A ⊠OO LI⊠E Maccles eld

Enjoy a hands-on introduction to Macclesfield's most photogenic residents. The exotic creatures include a sloth, a wallaby, a &bra and kangaroos. Du can pet many of them (and even hold reptiles) while a trained guide shares educational and humorous stories.

⊠AREN ⊠EASLE⊠ SEA TURTLE RESCUE AND RE⊠A⊠ILITATION CENTER

Sur
 Sur

This reputable nonprofit has evolved into an eco-conscious destination since its humble start in 1997. Make a reservation to visit the active sea turtle hospital, and consider ⊠dopting⊠ a patient to fund its road to recovery and wild release.

One of the first conquistadors to arrive in North Carolina introduced nearly 100 Spanish mustangs in the 1500s. Roaming free ever since, the equine descendants congregate along Swan ⊠each. Wild ⊠orse Adventure Tours hosts safari-style visits in customi™d ⊠ummers.

Time is a improve of improved in the improved

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e⊠e⊠fora⊠e⊠er⊠Allo⊠ ⊠e⊠e

Grea \boxtimes S \boxtimes O \boxtimes \boxtimes O \boxtimes X \boxtimes A \boxtimes X \boxtimes X \boxtimes Na \boxtimes D \boxtimes Al Par \boxtimes \bigcirc Bryson City

Sarah Jones grew up 20 minutes from Great Smoky Mountains National Park. The Saturdays of her youth were spent following trails through the ma of trees and wild rockscapes. At that wasn't enough. In adulthood she moved closer, now calling a Fontana Lake houseboat home. The pristine reservoir abuts the park's southern perimeter in North Carolina, where Jones spends much of her time introducing newcomers to the mountains of her youth.

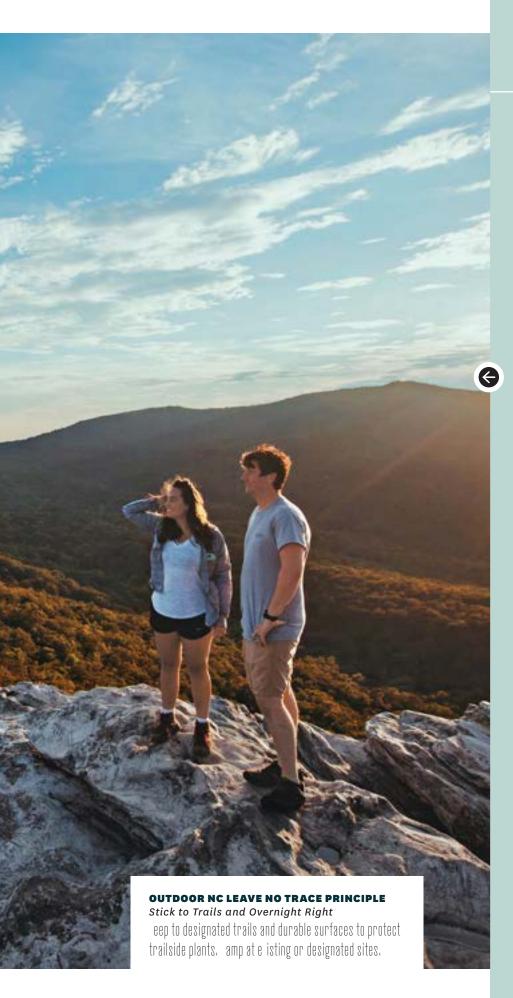
My dad has always said that they get into your soul, Says Jones, a lead guide with Carolina Bound Adventures

Ithink that has to do with the age of these mountains. Indeed the Appalachian Mountains are one of the world's oldest ranges. And North Carolina's stretch of the Smokies claims some 270,000 acres of protected national parkland. (Visit nps.gov/grsm for the latest status on trail and road conditions in the park.)

Visiting with a guide adds layers of depth and stories. If waterfalls are your thing, Jones can take you on an intermediate hike to three of them, plus the sites of former pioneer homes. ☑here are so many things you would have walked past without a guide,☑she says. As a forester who previously worked in the park, Jones can also name nearly every native plant along the way.







CROATAN NATIONAL MOREST

Havelock

The ecologically abundant Neusiok Trail, a river-to-river trek, is one of the longest continuous hiking paths along the coastal plain. ⊠okended by a sandy beach on the Neuse River and a salt marsh along the Newport River, hikers wind through cypress groves, pine savanna and shrubby bogs. The 2⊠mile stretch is a favorite segment of the 1,175-mile Mountains-to-Sea Trail.

⊠ANGING ROC⊠STATE PAR⊠

O Danbury

The popular ⊠6-mile ⊠anging Rock Trail showcases an erosion-resistant quart⊠te cliff in the ancient Sauratown Mountains.

Named after the Saura Indians, these formations represent the state's most easterly peaks. Plan at least an hour to reach the crown jewel above the Piedmont forest and countryside.

⊠ARPER CREE ⊠ALLS TRAIL

Ocllettsville

One of the pristine swimming holes anchoring this backcountry gem measures bigger than an Olympic-si™ pool. Add in the multitiered waterfall backdrop and rocky ledges (plus a second swimming hole), and the National Wild and Scenic River designation needs no further explanation. Various routes offer moderate-to-strenuous treks between ⊠and 10 miles long.

⊠ORRO⊠ **⊠OUNTAIN**STATE PAR⊠ ♥ Albemarle

⊠rders, runners, hikers, horseback riders and leashed dogs all find solace in this sanctuary ™ miles east of Charlotte. It's home to some of the most extensive prehistoric quarries in the U.S. Follow the park's Morrow Mountain Trail 5 miles round-trip to take in the panorama atop the peak.



When you sink your toes into the salty sea-foam and sand of South №ach on ⋈ald ⋈ead Island, you're touching the southernmost point in North Carolina. The rugged, patchy spire of Old ⋈aldy pierces the western hori⋈n as the oldest standing lighthouse in the state. For a moment, your senses may whisk you away to the 19th century. The absence of motori⋈d vehicles sprinkles magic across this sanctuary of coastal ecosystems. Miles of secluded

beaches and dunes meet marshland and maritime forest. And it's just a 20-minute ferry ride from the mainland.

™king is a beautiful way to get around, Says Jake Grossman, an island guide and collections coordinator with the Old Aldy Foundation. Golf carts, too, are available for rent beside the ferry dock. Grossman offers history tours that immerse visitors in the terrain and other forces that shaped the island since the Revolutionary War. This pivotal

land mass at the mouth of the Cape Fear River helped guide countless 18thcentury cargo ships transporting North Carolina tar. And the lighthouse once served a stint as a WWII radio tower.

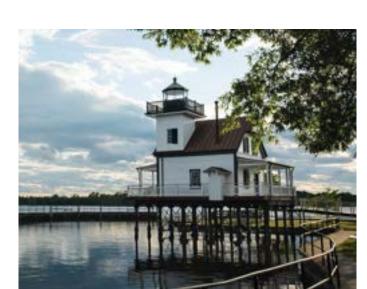
When you climb Old Aldy's 108 spiral steps today, the uninhibited outlook captures the geographical novelty of this land bridging river and sea as well as past and present. At takes a couple of breaths to get up there, but it's a breathtaking view, Grossman says.





OUTDOOR NC LEAVE NO TRACE PRINCIPLECaring for the Coast

Stick to designated trails and durable surfaces to and from the beach or water. oastal grasses are fragile and can easily be impacted by visitors traveling across them.



⊠ORE TO





XAXXOCXS XEACX STATE PARX ♥ Swansboro

With a kayak or canoe, paddle your way to four remote barrier islands inside this park spanning mainland and marshland.

Sear Island — accessible by ferry starting in spring 2025 — presents sun-soaked dunes, beach access and solitude.

⊠O TO STERN **⊠OATING**

Choose a sailboat, kayak or a nimble power boat among the fleet of 60-plus options. Charters include half-day river cruises and multiday sea excursions. Or take sailing lessons with this riverfront boating center in The Sailing Capital of North Carolina.



STATE PAR ⊗ Sags Head

Celebrating 50 years in 2025, the park claims the tallest active sand dunes on the Atlantic Coast. More than 100 years ago, the Wright Mothers tested

Coast. More than 100 years ago, the Wright 🖾 others tested gliders nearby to prepare for their groundbreaking flight. Try soaring above it all today in a replica 1902 aircraft via the Wright Glider Experience with 🖾 tty 🖾 awk 🖾 tes.

THE LOST COLONY ® Manteo

Sea, sand and live symphonic drama come together in perfect harmony at Waterside Theatre. The true drama about the mysterious disappearance of the first English settlers in the Americas unfolded right here on Roanoke Island. This theatrical retelling has thrived for 88 years.



ROANOME RIVER

At this point you might call it a striking mobile home. This screw pile-style lighthouse has occupied three different sites since the 1860s. Preservationists moved the beacon to Edenton ⊠arbor in 2007, and major restoration work was done before it opened to the public. A replica can be found a few miles south in downtown Plymouth.





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© Cherokee

Museum of the Cherokee People Executive Director Shana ⊠ushyhead Condill likes to qui⊠visitors™ow many Indigenous tribes are registered in the U.S. today⊠The correct answer — 57⊠— surprises most people. Guesses often start in the single digits. ⊠eyond any stats, though, ☑shyhead Condill wants people to know the vibrant and present-day Cherokee culture, which has remained and adapted within the region now called Western North Carolina. 🗷 or all of us, these mountains are home. We are of this place,⊠she says.

⊠ushyhead Condill, a citi⊠en of the Eastern ⊠and of Cherokee Indians, is leading a multiyear renovation and rebrand at the museum, which is one of the longestoperating tribal museums in the country. She says it's becoming ⋈ living, first-voice museum.⊠Rotating exhibits might dive deep into fashion or current government sovereignty on tribal lands, and the store introduces Indigenous makers through home decor, C⊠D-infused creams, clothing and an extensive collection of books.

Across the street, Qualla Arts and Cra\s ⊠utual is another must-stop for original Cherokee art, wares and jewelry. Nearby, the reservation's Fire ⊠ountain ⊠rails system draws many mountain bikers who also flock to BC **Outdoors** bike shop and taproom. The gear-and-beer haven is conveniently located along the Oconaluftee River, which is itself a timeless entity tying the community together.







⊠ORE TO

lor

CLIXS ONTHE NEUSE STATE PARM Seven Skrings

™efore colonial contact, the Native Tuscarora and Saponi tribes performed ceremonies here, drawn to the elevation and medicinal plants. Today, the 90-foot-tall bluffs above the Neuse River hold secrets about their ancient past. ™ou might spot seashells or marine fossils in the colorful layers forming the rock face.

RISCO NATIVE A⊠ERICAN ©USEU⊠ ™ NATURAL ©ISTOR™ CENTER ® Misco

Examine an expansive collection of Indigenous artifacts, including an exhibit dedicated to the original Outer Mankers Native Roanoac, Matorask, Croatoan and other barrier island tribes. Annotated trails guide visitors through acres of maritime forest.

⊠USEU⊠ O⊠T⊠E SOUT⊠EAST A⊠ERICAN INDIAN ® ™mbroke

The permanent Indigenous artifacts include a 1,100-year-old dugout canoe recovered ☑ years ago in a nearby river. The museum grounds are also their own piece of history, being located at UNC Pembroke, the only state-supported school in the U.S. created by and for American Indians.

PETTIGRE⊠ STATE PAR⊠

© Creswell

Native American history here has sparked a National Geographic Society project and vast archaeological research. Through joint work, ☑ dugout canoes and hundreds of Indigenous artifacts have been identified in the park's Lake Phelps, the second-largest natural lake in the state.

TO⊠ N CREE⊠ INDIAN ⊠OUND

Mount Gilead

Mystery surrounds the Indigenous community that built a large earthen structure rising 15 feet high. Experts believe this marked a political and religious center between 1100 and 1 \boxtimes 00 A.D. Artifacts on display include materials from as far as the Great Lakes region, indicating impressive trade routes.



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Nor⊠ Carol™a ⊠la⊠e⊠ a lea⊠ role ™ ⊠a⊠™⊠



With less than 200 residents, ⊠alifax might be easy to overlook on an atlas. ⊠ut it's hard to chart the birth of the United States without the early influence of this Colonial community within a few miles of Interstate-95. On April 12, 1776, the provincial Congress here unanimously adopted the ⊠alifax Resolves. This made North Carolina the first Colony to call for total independence from Great ⊠ritain. Less than three months later, the Declaration of Independence was signed in Philadelphia.

⊠With America's 250th anniversary commemoration taking place right now, it's a pretty big deal,⊠says Frank

McMahon, assistant site manager at ⊠alifax State ⊠storic Site. Depending on the day, you can find McMahon and other costumed interpreters giving Colonial beer-making presentations, leading printing-press demonstrations and teaching 18th-century games in the restored 1790 Eagle Tavern. ⊠averns in those days were like a hotel, restaurant and bar,⊠McMahon says of the civic gathering place.

Along the Roanoke River, \(\subseteq \text{ alifax} \) also served as a hub in a maritime Underground Railroad for freedom seekers, which McMahon highlights on tours. (Visitors can also follow a short Underground Railroad trail with

interpretive signage along the river.) A renovation of the visitors center at ⊠alifax State ⊠istoric Site is slated for completion during the ongoing 250th celebrations. And negotiations are underway to secure on loan an original ⊠alifax Resolves document from the Library of Congress.

Stay up-to-date on America's 250th anniversary celebrations at **America250.nc.gov** ⊠ou ⊠on the hear this in the musical Hαmilton, ⊠ut the American ⊠evolution may have started in ⊠ecklen আr⊠County № 00 № 32 20, 1775, the ⊠ecklen ⊠ur ⊠⊠eclaration o ndependence Æstence unproven ⊠as reportedly si⊠ned in Charlotte ™Cele wate its 250th anniversary ⋈ strollin the Charlotte ™ ∞ alk ⋈ there a marker at the site o the room ⊠here it ™ ossi □y water od water od



OUTDOOR NC LEAVE NO TRACE PRINCIPLE

Be Considerate of Others and Share the Outdoors

eople have a range of skill levels and different ideas about how to en oy the outdoors. Respect others so that orth arolina's natural spaces will be welcoming and rela ing for all.

AVERAS®ORO ØATTLEWELD AND ØUSEU® © Dunn

More than 28,000 Union and Confederate troops clashed on this former plantation of the John Smith family in March 1865. The multiday battle left nearly 1,500 wounded and dead. ☑ u can visit the restored Chicora Civil War Cemetery and a tract of land that the Confederates' first defense line occupied.

©ENTONVILLE ØATTLEØELD STATE ØISTORIC SITE

Plan a March trip for the dynamic 160th anniversary reenactment of the state's largest-ever battle. The grounds mark where Confederate troops mounted the only significant attempt to defeat Gen. William T. Sherman's march through the Carolinas.



©RT ☑S☑ER STATE RECREATION AREA

Once home to a firing range and other services in the early 19⊠0s, visitors now meander through marshland, forest and beaches, following 6 miles of shoreline to sightings of loggerhead sea turtles and piping plovers.

⊠ORT ⊠**ACON STATE PAR**⊠

O Atlantic Beach

The U.S. Army built this brick fortress before the Civil War as a national coastal defense. An ambitious restoration preserved impeccable details throughout the barracks and exterior walls. It's no wonder the popular park draws some 1 million visitors a year.

⊘OORES CREE NATIONAL **⊘ATTLE ⊘ELD ⊘** Currie

When loyalist forces reached Moores Creek on February 27, 1776, it sparked the first battle of the American Revolution in North Carolina. The National Park Service site offers a visitors center, miles of trails and a November candlelight tour of the battlefield after dark.

Avian aficionados flock to North Carolina year-round to spy winged wonders soaring, resting and nesting. witer BRIAN BRABER



waterfowl — including

ring-necked and wood

ducks — spend the

thousands of mallard,

temps drop. Astonishing

have to stop when

numbers of migrating

The birding fun doesn't

Rodanthe. Weekly guided year. The unique elevated bird walks take place all at Pea Island National Wildlife Refuge in

Pocosin Lakes National wetlands at Columbia's Wildlife Refuge draw

Pungo Unit, a bird-friendly **™** ne with **™** miles of dirt rarer ducks like northern mergansers. Chart your tundra swans (🖾) and own route through the shovelers and hooded and gravel roads.

SEA OF BLUE

washed away by waves, resulting in colonies, notably tiny Heron Island a rookery with 60 to 80 nests that action through binoculars or via a of Cornelius. A restoration project in Lake Norman, near the town are protected from human visits from April to August. Watch the Although solitary hunters, great blue herons raise their young in added vegetation and rocks to prevent the island from being live stream at ncwf.org.

BIRD'S-EYE PERSPECTIVE

above the craggy landscape — then near Linville Falls for stunning views Hikers have long loved the short but rigorous climb (1.5 miles round-trip) to the top of Hawksbill Mountain of the gorge below, but birders will vultures, owls and numerous hawk the area. Peregrine falcons, turkey species seem to float effortlessly find their eyes gazing skyward to watch the raptors that frequent suddenly dive for dinner.

□ FLOATS OF FANCY

Lady Swan Boat Tours launch out of Swansboro, taking a maximum of 26 passengers into the surrounding marshes from early spring through on wildlife, including ospreys that boats allow for unimpeded vistas elaborate nests above the water. hour rides, many of which focus appear in early March and build early winter. The pontoon-style during the gentle one- to two-

BEACH DWELLERS

1,481-acre barrier island at the west also lift your spirits. After exploring Bird Island Reserve, a protected end of Sunset Beach. Loggerhead the island, leave a message in the Rare flora and fauna coalesce on attraction, but a year-round cast sea turtles may be the marquee about 1.5 miles southwest of the of shorebirds — such as brown egrets, terns and herons — will peloved Kindred Spirit mailbox, pelicans, black skimmers, ibis, oublic beach access.

△ AVIAN CENTRAL

belted kingfisher with its distinctive woodpeckers. Keep your ears open San-Lee Park and glimpse a bevy for migratory musicians, including of water-loving birds, notably the drive north, White Pines Nature yellow-billed cuckoos and yellowfor Sanford. Skirt the two lakes at trails through forests populated For a birding double-shot, head blue mohawk. A scenic 17-mile with wild turkeys and pileated **Preserve** features 6 miles of throated warblers.

⊠ EDUCATION STATION

guided walks and classes, many on topics like migration and birdhouse to Howell Woods Environmental Checklist to track how many of the Boost your birding IQ with a visit This 2,856-acre property offers 176 species you've encountered (which may include white-eyed Learning Center in Four Oaks. building. Download their Bird ireos or Kentucky warblers).

Z d GLIDE

butterfly. Follow the 🖾 🕾 mile water trail loop at **Merchants Millpond State Park** in Gatesville, looking and listening. SEEM The expert guides of Native Girl Kayaking, based out of 🛭 errford, have a well-trained eye for avian life. Their fall trips through the Dismal Swamp Canal are likely to include sightings of bald eagles and pileated woodpeckers, along with the occasional green heron, black bear and migrating monarch for woodpeckers and warblers darting among old-growth cypress trees.



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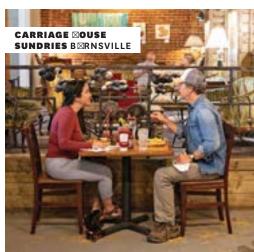
It's tough to compete with the innate beauty of North Carolina's majestic mountains, tranquil beaches and enchanting forests, but these seven creative cities and towns overflow with inspiration. v t v ANN SARIE SROSN

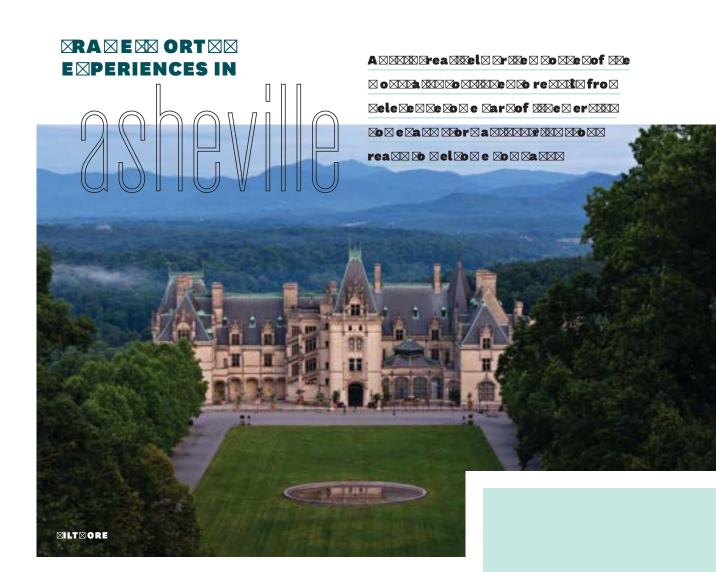












Two connected buildings
— a 1926 library and an
ultramodern glass edifice
with a rooftop sculpture
terrace — hold more than
7,500 works of 20th- and
21st-century American art.
Join a basket-weaving or
drawing class or attend a
music performance.

The 250-room ⊠ltmore ⊠ouse was built in the late 1800s and was the vision of George Vanderbilt, grandson of shipping and railroad magnate Cornelius Vanderbilt. ⊠ou can't visit all ™s bedrooms and ™s bathrooms during audioguided tours, but you will

see a wealth of intricate architectural flourishes, 16th-century Flemish tapestries, and world-class paintings by the likes of Monet and Renoir.

GMMAMMM

Embellished with winged lions and grinning gargoyles, this Tudor Revival structure contains a public market with © boutiques and eateries, including a mash-up of a champagne bar and used book shop. Outside the building, artisans sell jewelry, paintings and locally made honey.

Live comedy clashes with local history in the best

way on wacky bus tours through downtown and the Montford Area ⊠istoric District. Get your rubber chicken ⊠icket ⊠at checkin, order a beverage to go and prepare for hilarity to unfold on the bus as well as outside your window.

TXXXXW MXXXXX

This gilded Art Deco food hall houses a sampler of Asheville's diverse food and beverage scene, with eight vendors, including me™anine-level ⊠ghland ☆ rewing. A couple of must-try highlights rispy sandwich perfection from ☒ uxton Chicken Palace and silky salted caramel ice cream from The ☒op.

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TRAILS TO TREASURE

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Drive through its leafy valley and spot barns and churches gussied up with painted wooden squares. Two driving tours showcase Marnsville's many quilt blocks, which comprise one of the largest concentrations of this rural art form. A special block decorates the Mancey Common Times Marnal building near the town square Marnsville Sundial is the world's only quilt block that tells time.

More artsy surprises are within walking distance. On West Main Street, two fourth-generation glass artists run Heart⊠Gla™and Gallery out of a former gas station. See the works of local glassworkers — cups, vases,

ornaments, bowls, lighting — or attend a glassblowing demonstration. For a full-blown arts getaway, visit during the Mount Mitc ll Cra Logic ir the first weekend in August and peruse 200-plus vendors to the tune of bluegrass music.

Stay for the weekend at the 22-room Nu⊠ ray Hotel, an 18⊠charmer that's just been restored with a blend of original and contemporary touches. Sleep in the main hotel building or in one of four spacious rooms in the Carriage ⊠ouse, and dine at Carriage Hou⊠ Sundrie⊠ where the menu features pi™as and grilled sandwiches, plus an array of beer, wine and scotch.

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FRIDAY

Check in at Kim⊠ton
Cardinal Hotel downtown.
The former R.J. Reynolds headquarters (which provided architectural inspo for the Empire State ⊠ilding) is now a funloving lodging with stylish decor, bowling lanes and a two-story spiral slide.
Dinner awaits downstairs — steak frites and onion soup at ™E Kat⊠arine
Bra™erie and Bar⊠

SATURDAY

⊠ck off the day by rewinding the clock at

☑ld Salem Muæum⊠

☒ Garden⊠ a restored

Moravian settlement dating back to 1766. Chat with costumed interpreters as you wander the town's cobblestone streets. Stand inside the tavern where George Washington slept, and pop into Sinkler Bakery to purchase a tasty souvenir — traditional Moravian ginger cookies.

At lunchtime, swing over to Incendiary Brewing Com⊠any and nab an outdoor table by the railroad trestles — the brewery was built under an abandoned train track. ⊠ck back with an awardwinning IPA, then walk five





When evening falls, join the festive crowd at Earl for soulful Southern fare and live country and bluegrass music. Finish your peach cobbler and see a concert at Ramkat, a hopping yenue across the street.

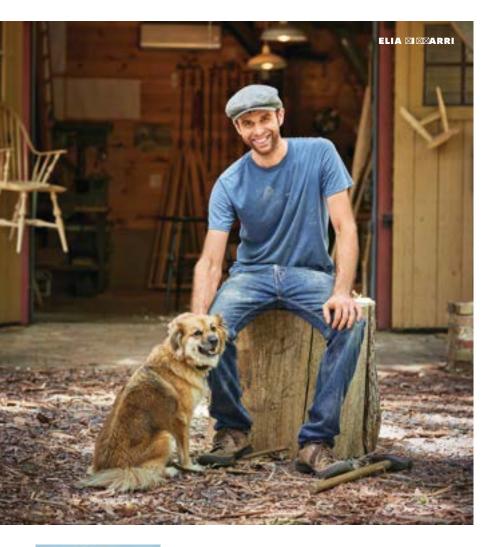
SUNDAY

Wrap up the weekend at Reynolda Hou ≥ Mu≥eum o⊠American Art⊠he 1917 mansion built for a tobacco tycoon now contains artworks by Thomas Eakins, Frederic Edwin Church and Georgia O'Meeffe. Deputy Director Phil Archer says, ⊠t's a small collection, but what you see is recogni⊠ble, much-studied work by important artists — the work they created when they were at the pinnacle of their powers.⊠



∂HOTOGRAPHS: KATE WARREN, (BISSØARRI) GEOFF WOOD, (BARN ⊠UILT) COURTESY OF PERSON COUNTY TDA

STROLI



Renowned Illsborough woodworker Elia Bi Arri makes Windsor chairs, rockers and barstools the old-fashioned way, using only hand tools to transform raw oak and pine into fine furniture. Each chair requires about hours of labor in his custom-built workshop 100 feet from his house.

☑ **Marri's** in good company. The community's artistic anchor is Hill™oroug⊠Gallery o⊠Art⊠ a light-filled space owned and operated by artists. Located in the historic Mercantile Center, the gallery stocks works in nearly every medium. A few steps away, the Hill™oroug⊠Art⊠Council Gallery hosts La⊠t ⊠riday⊠⊠t⊠e Art ⊠alk, an event that links galleries, shops, and **⊘onder**⊗Sout⊗ern Cocktail⊠⊠ Brew restaurant for a lively once-amonth block party. Musicians play along the route, and artists give demonstrations at **Anne and Art⊠ur ⊠ine Art⊠Su⊠Zly,** the local go-to for paintbrushes and creative advice.

⊠illsborough has tempting food stops, too, like Matt⊠ew⊠
C⊠ocolate⊠ an artisan purveyor of tru⊠es, gelato, baked goods and espresso drinks. Stock up on favorites before visiting the expansive gallery at Eno Art⊠Mill, a working studio and public art space in a historic textile mill.



STELE GUIDE TO

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EXPLORE

The Bec⊠tler Mu Zeum o⊠Modern Art is easy to spot. The 17-foot-high ⊠rebird, a Niki de Saint Phalle sculpture glittering with mirrored tiles, guards the entrance. Inside, three floors hold some 1,500 works by modern masters like Paul ⊠ee and Pablo Picasso. Next door is the sleek Mint Mu ≥ um **⊠town**, where Summer Wheat's ⊠oragers inspires awe. Four-story-high vinyl panels glow like stained glass, filling the atrium's 96 windows. Even without an admission ticket, you can dine at chic Mari⊠o⊠a or browse the museum store, and entry is free on Wednesday evenings. Four miles northeast, No⊠a is the ⊠ueen City's streetart enclave, with colorful murals splashed across North Davidson Street's taverns, boutique shops and trash receptacles.





DINE

Many Southerners worship a perfectly cooked steak, so it's fitting that **Su** erland steakhouse is housed in a former church. Gather around the table and tuck into an 18-ounce ribeye or Wagyu pot roast, then share the seasonal pie. Indecisive eaters find their bliss at ⊠**xtimi x** Hall, where 20-plus food stalls cook up Sichuan dumplings, Indian street food. Southern barbecue and ramen bowls. Local bands play in the outdoor

courtyard. For date night, impress your sweetheart with a reservation at Me Mg Mree, which serves sauteed sea bass and grilled octopus in an enchanting Craftsmanstyle bungalow.

STAY

An overnight at Grand Bo emian C arlotte feels like sneaking into a swanky art gallery after closing time. Vibrant paintings, haute furnishings and bold accents populate the guest rooms, hallways

and on-site Argentinianstyle Mico Re⊠taurant⊠ Indulge in a hydrofacial at **∞o eidon S a**, then sip a sna⊠y cocktail on the rooftop patio. For even more pampering, check into **⊠e Rit ™Carlton**, C⊠arlotte, a LEED Goldcertified property with a rooftop garden, heated indoor pool and bi-level penthouse spa. Sample the sweets at chocolate lounge Bar Cocoa and work off calories in the city-view fitness center.



Completed in 1770,
Yyon Alace
was an architectural crown jewel of
the former Aritish Colonies. After
the American Revolution, it became
the state's first Capitol and even
hosted George Washington in 1791
when he attended a ball and danced
the night away with approximately
70 local women. Aust think of the
conversations that occurred within
those walls, Apalace spokesperson
Nancy Figiel says.

The grand Georgian-style structure burned to the ground in 1798, but 20th-century preservationists rebuilt it, staying true to the original architectural plans. On a guided tour, you'll time travel through opulent rooms filled with centuries-old furniture, silver, glassware and other decorative arts while costumed interpreters bring early American history to life. Afterward, wander 16 acres of formal gardens overflowing with seasonal blooms and bordered by artfully shorn hedges.

Then flip the calendar forward to the present-day. Wander through downtown New ⊠ern to hunt for the city's colorful bears. Nearly 100 handpainted fiberglass bruins stand sentry at street corners and storefronts.

At Pollock and ⊠ancock streets, admire the *Greetings from New Bern* mural (painted by community members), then catch a play or music performance at the neighboring

New Bern Ci⊠c ™eatre, a 1910 movie house upgraded with ADA-accessible seating and restrooms.

Cap off the day with live music at **Ba\text{Max}** a brick-walled speakeasy. Restful sleep awaits at **\text{Max}** har **\text{May}**, a 1790s mansion that marries old-time architecture with contemporary furnishings.

COASTAL CANVAS



A dynamic art museum, indie boutique shopping and a riverside promenade place this coastal city high on the list of America's coolest waterfronts.

Cameron Art Museum

This 42,000-square-foot institution houses 4,500 works, including Japanese woodblock prints and Mary Cassatt paintings, plus an ambitious schedule of workshops, gallery talks, film screenings and concerts. An outdoor sculpture park honors the United States Colored Troops, who won a critical Civil War battle here. On-site **Cam Cafe's** weekend brunch draws a crowd.

The Cargo District

Shopping is more fun at Wilmington's anti-mall, a nine-block radius of repurposed shipping containers that shelter shops, cafes and drinkeries. Browse locally made goods at Crafted Outpost, tropical houseplants at The Plant Outpost and esoteric LPs at The Fuzzy Needle. When hunger calls, CheeseSmith whips up next-level grilled cheese sandwiches.

The Hive

This trendy lodging straddles the line between vacation rental and traditional hotel. Eighteen loft-style suites have full-size kitchens and living rooms with ample seating, so friends and family can hang out together or carve out solo work spaces. Original art and au courant furnishings add to the fashionable vibe.

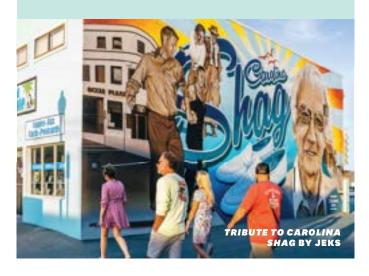
Wilmington Riverwalk

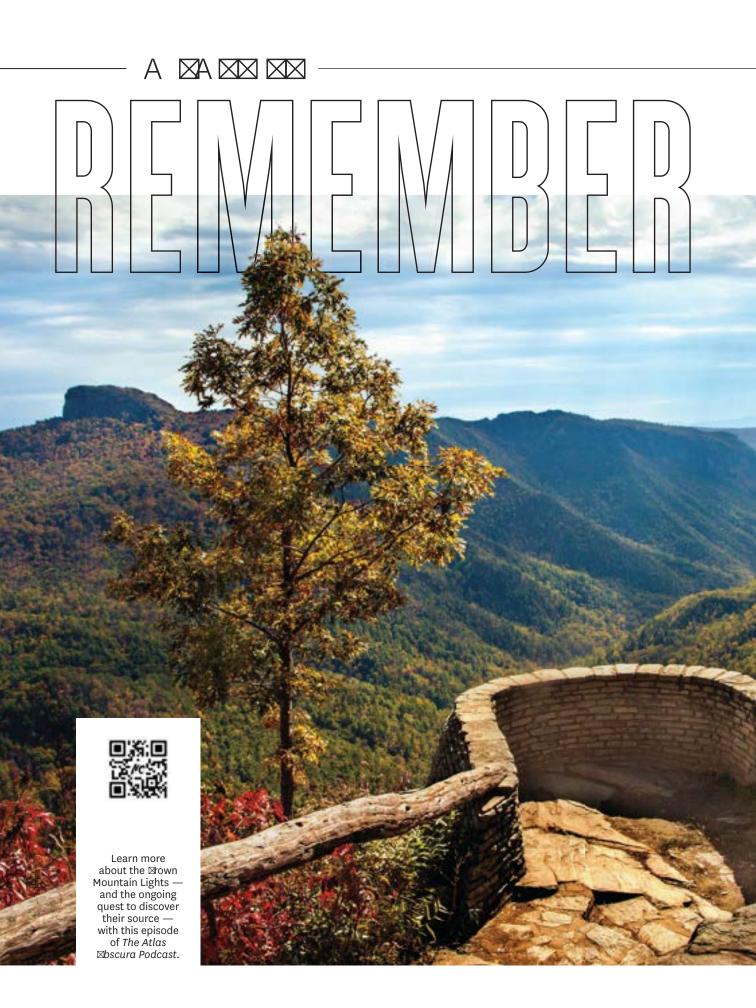
Spanning nearly 2 miles, this waterside walkway skirts the Cape Fear River, overlooking Wilmington's historic district and the moored **Battleship North Carolina**. It's become the city's main connector to public parks, shops, boutiques, galleries and outdoor cafes.



You and your canine companion can get in your steps along the **Wilmington Riverwalk.**As sunset draws near, nosh on a giant soft pretzel at **Anne Bonny's Bar and Grill** and linger at the outdoor bar until golden hour.

SPLASHY DISPLAYS





As ☑ re☑es ☑ de and nights turn cool ☑ ll color washes down mountainsides and s☑ reads across ☑ orth Carolina ☑ ☑ bin the ☑ with scenic drives ☑ ibrant vistas and events ranging ☑ br ☑ ure ☑ n to downright s☑ boky ☑ v v ☑ son ☑ see



inspired routes

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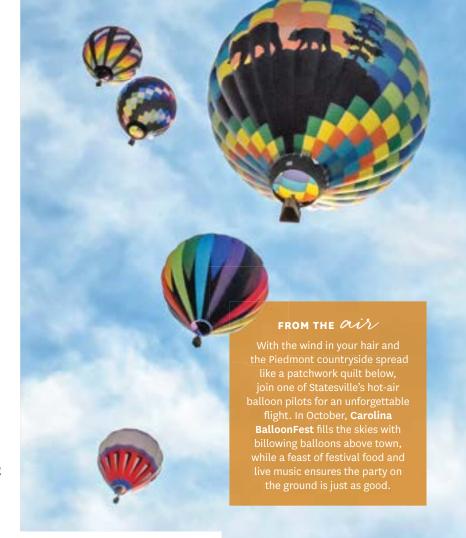
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unique perspectives

Capture a fresh view of autumn with the help of hot-air balloons, steam locomotives, ranchers and nature guides.

FROM THE pasture

In Ayden, the Jersey cows at Simply Natural Creamery produce the milk that makes the ice cream at Sally's Dairyland. Icy treats, family-friendly farm games, and a meet and greet with cows and calves make for a sweet stop. In Chapel Hill, join sheepdog Sophie on the Sheep Herding Experience at Union Grove Farm. Watch her masterfully move 240 Katahdin sheep from pasture to pasture.



FROM THE beach

While you're shelling on the Shackleford Banks, don't be surprised if you see hoof prints in the sand or hear a horse whinny in the woods nearby. More than 100 wild horses call this stretch of the Crystal Coast home. See their coats shining (from at least 50 feet away, per the law) as they wade in the surf, frolic in the dunes, and browse for a lunch of marsh grass and new-grown leaves.



FROM THE Water

As the wind rises, sails snap and a flotilla of sailboats scatters across the surface of **Kerr Lake**. This 50,000-acre reservoir in the rolling hills of Henderson has plenty of room for sailors, paddlers, waterskiers and anglers. Cast a line for largemouth and striped bass, listen for the call of kingfishers, or go for a swim in these pristine waters.

FROM THE rails

Soak up peak views aboard the **Great Smoky Mountains Railroad** steam locomotive that puffs its way through fiery foliage in the Nantahala Gorge. Depart Bryson City Depot for scenic excursions, and book a Raft and Rail package through October if you want to add a splash of whitewater rafting to your autumn.

2025 NC TRAVEL GUIDE

VISITNC.COM

frightfully fun

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Packed with

paranormal places, scary stories and local haunts, North Carolina frightens visitors in the best way. Explore the NC ⊠aunted Trail's three regional segments (Mountain Mysteries, Paranormal Piedmont and Creepy Coast) or combine them into one thrilling statewide journey. Start plotting your supernatural escape at the above ⊠R code, which also delves into spooky places to stay and gets you connected to the ☑rst in ☑right podcast, a perfect accompaniment for your next haunted road trip across The Tar ⊠eel State.

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Drive out o⊠reality and into a horror movie at Granville Haunt ⊠rm⊠vhere clowns and horror icons xom the big screen xoduce hair⊠aising thrills outside your vehicle⊠

SCARE-O-METER RATING

⊠oungsville

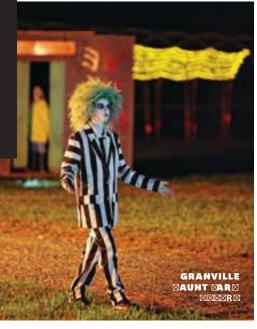
Will werewolves attack your hayride⊠ Can you esca⊠e the corn ma⊠e with your sanity intact⊠With ⊠ve haunted attractions on hand ⊠you Me in Mor the scare o Myour li Ma⊠

SCARE-O-METER RATING

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Howls and screams emerge **⊠**om the wild woods⊠curling the toes o\textbf{\textit{the Baint o\textbf{\textit{the art \textbf{\textbf{\textbf{the}}}}} scary ⊠r you⊠heir no⊠care walk⊠hroughs o⊠er a more ⊠mily⊠dendly e⊠erience⊠

SCARE-O-METER RATING



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Connect with the s⊠rit world as ghosts and ☑ hantoms ☑ om ☑ i ☑ beth City ☑ ☑ ast s☑ n tales local residents at historic homes and along the streets o⊠downtown⊠

SCARE-O-METER RATING

Masked murderers and cree⊠y clowns stalk the woods and hunt the hayrides in both summer and 🗷 ll 🖾 heir Hal 🗷 vay to Halloween 🖎 stival in early ⊠une boasts a ⊠ombie 🖾 om⊠

SCARE-O-METER RATING⊠⊠

⊠fightening ⊠lks ⊠r ⊠ur decades⊠these woods Mature a nightmare Inducing cast to kee⊠your adrenaline ⊠um⊠ng⊠Good luck making it through the dark tram ride⊠

SCARE-O-METER RATING

How Mar can a Mum Makin My Mond out via cata⊠ults⊠an air cannon and trebuchets that launch the orange gourds a country mile at the Mamily Madendly Mest⊠

SCARE-O-METER RATING⊠⊠

FXXX XXXTXXXXSalisbury

With a snort and a roar ™ mutant hog lunges out o⊠the dark⊠scaring you into the arms o⊠an ageless witch and leaving you ⊠anting⊠

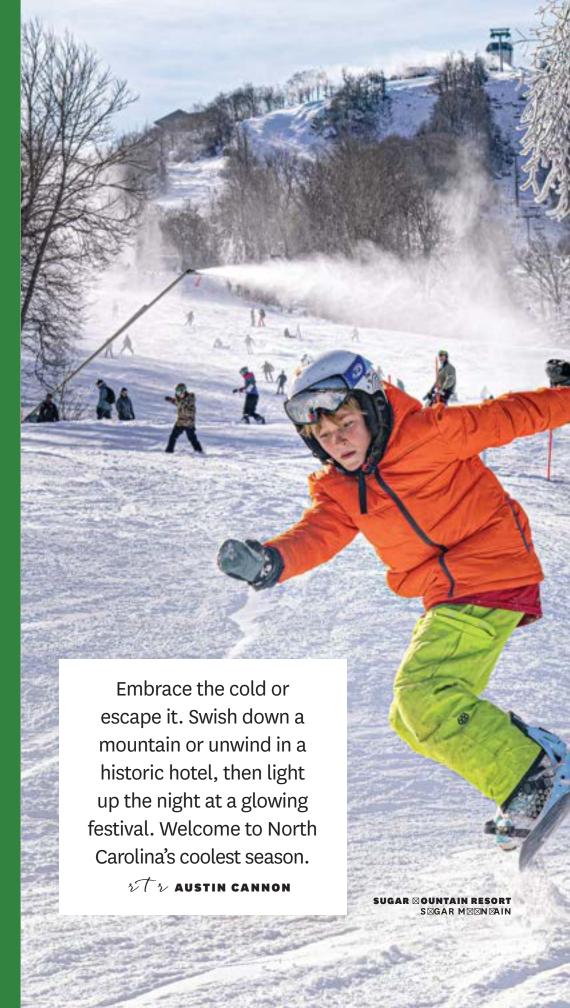
SCARE-O-METER RATING⊠⊠

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XXIII an event XI XIII the Addams Xi mily ⊠ and ⊠ossibly your ⊠mily too⊠All ages ⊠nd something to en x among the haunted house x ghost walk and kid™endly games⊠



SCARE-O-METER RATING







Beech ⊠ountain ⊠esort

Beech Mountain

At the highest ski area in the eastern United States, 17 runs cascade from the mountain's 5,506-foot-high peak, forming a 95-acre snowbound playground. Each winter, the resort hosts Adaptive Ski Week, an instructional skiing clinic that welcomes hundreds of people with disabilities.

Cataloochee ⊠ki Area

Maggie

 Malley

North Carolina's first ski area opened in 1961 to give local ranch hands somewhere to work during the winter. Today, the mountain hosts skiers and snowboarders making their alpine debuts

Moreover to the slopes are rated for beginners, and you can reserve a lesson ahead of time.

Ha⊠ksnest ⊠no⊠ ⊠u⊠in⊠

Seven Devils

Spinning and sliding hundreds of feet down a snowy hill is almost guaranteed to put a smile on your face. After you pick one of the 25 lanes, deposit yourself and the kiddo into an inner tube and unleash some joyful screams on the way down.

⊠u⊠ar ⊠ountain ⊠esort

Sugar Mountain

Toward the bottom of the 5,™0-foot-high peak, new skiers can swish around Easy Street and Little Nell. Oma's Meadow and Sugar Slalom are for the more experienced skiers, and while Whoopdedoo is fun to shout into the clouds, the run of the same name is only for experts. Aprເs-ski at the Last Run Lounge That's for everyone.

⊠ ilderness ⊠un Alpine Coaster ⊘ Banner ⊠k

Gravity shepherds riders down this ⊠160-foot-long coaster that weaves and twists through the trees, with speeds reaching 27 mph for those who only brake when it's mandated. The track stays open during gentle flurries, so a ride in the winter months often comes with your own snow globe moment. Opt for the three-ride ticket⊠you won't regret it.

Indoor Rushes

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Hour ⊠artin⊠



⊠istoric inns and a tiny house village recharge your batteries, while walks among orchids and butter⊠ies o⊠er a sneak preview of spring and summer.

Amon⊠the Flo⊠ers

⊠ou can meander ⊠elmont's ⊠aniel ⊠to⊠e Botanical ⊠arden year-round, but for a burst of winter color, duck into the Orchid Conservatory. The five-story, 8,000-square-foot glass house is filled with blooming orchids and tropical plants near a waterfall.

On a ⊠ raparound ⊠orch

Each room at ⊠he Inn at ⊠osehill in Monroe features French doors that open up to a 10-footwide porch on both the first and second floors. That's where you'll enjoy the sun rising over the 52 acres before a soul-warming, country-style breakfast.



of approval our furry friend can oin you for a patio brew at many of Rocky ount's breweries, and pets under pounds are allowed to hog the human bed at River and Twine.

In a Century **™Old Bank**

Renaissance Revival structure in ⊠nston, contains former bank and dentist o⊠ces that have been transformed into seven hotel rooms. The accommodations sit above the lobby's original 16-ton vault door. Admire the hotel's intricate plaster ceiling before hopping aboard the first registered elevator in North Carolina.

⊠ ith Butter⊠es

species flutter around a glass-walled conservatory at Durham's ⊠useum o ≥ and ≥ cience when they're not resting on more than 200 varieties of tropical plants. Step into the Insectarium for a closer look at invertebrates from around the world, including bu ming honeybees and fanged tarantulas.

At a ⊠estored Cotton ⊠ill

Wander through a collection of taprooms, shops and restaurants across the ⊠ocky ⊠ount ⊠ills campus, where the 19th-century mill in Rocky Mount was once one of the state's largest textile producers. When you're ready to call it a night, adjourn to your tiny house rental at adjacent **⊠iver and ⊠ine**⊠

ILLUMINATE

The holiday season brings flickering light shows, rousing carols and — if the kids stay on the Nice List — a meeting with a certain big guy in a red suit.

Candy Land Christmas

Lincolnton

NOVEMBER-DECEMBER

For more than a month, downtown Lincolnton is Christmas cheer central, especially during the annual candy-themed parade and tree lighting. On December nights, kids can meet Santa Claus in the park while adults relax on a carriage ride.

Country Christmas Train at Denton FarmPark

Opention

NOVEMBER-DECEMBER

The Handy Dandy Railroad chugs past Christmas light displays, a live nativity scene and dancing elves on its 1.5-mile track. Afterward, snag a photo with Santa at the train depot before heading to the Gingerbread House for cookies.

Down Home Country Christmas ® Rose Hill

NOVEMBER-DECEMBER

The heartwarming show at Duplin Winery combines stories and carols with a multicourse meal in the winery's bistro. To make the most

of your evening, schedule a wine tasting beforehand and try the cheese dip.

A Flat Rock Playhouse Christmas @ Flat Rock

NOVEMBER-DECEMBER

This lively performance of yuletide carols and choreography is sure to soften any Scrooge. The show changes each year, with performers blending classic holiday tunes and new foot-tapping favorites.

Mike's Farm Festival of Lights ® Beulaville

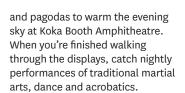
NOVEMBER-DECEMBER

Come for the 10-layer chocolate cake at the farm's bakery; stay for an after-dark hayride through the holiday light display. You can also reserve a table at the farm's restaurant for a meal of classic fried chicken and mashed potatoes.

NC Chinese Lantern Festival @ Carv

NOVEMBER-JANUARY

More than 40 LED-fueled lanterns may take the form of dragons, tigers



MIKE'S FARM FESTIVAL

OF LIGHTS BEULAVILLE

Candlelight Christmas Tour

Murfreesboro

DECEMBER

Horse-drawn carriage rides transport visitors through 1800s Murfreesboro. Candlelit walkways — and perhaps sparks from the blacksmith demonstration — will guide you toward 19th-century estates, including the boyhood home of Walter Reed, the army doctor whose work helped eradicate yellow fever.

Southport Winterfest Flotilla Southport

DECEMBER

Bring your lawn chair, blanket and hot chocolate for this maritime light show. Vessels adorned with bright holiday lights and decorations cruise past the waterfront, where local elementary school students decide on the best-decorated boat.

Winterfest at Tryon International @ Mill Spring

NOVEMBER-JANUARY

Roll down the windows as you cruise past the light-up snowmen, Christmas trees and reindeer that take over the equestrian resort each winter. When you finish your lap, lace up some ice skates and glide around the Tryon Stadium rink.





/ISITNC.COM

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State Information Sources

STATE AGENCIES

NC Agritourism Office,

1020 MSC, Raleigh 27699; (919) 707-3120; ncagr.gov/divisions/marketing/agritourism

NC Dept. of Natural & Cultural

Resources, 4601 MSC, Raleigh 27699; (919) 814-6800; ncdcr.gov

NC Dept. of Transportation - Ferry

Division, 2300 Ferry Rd., Havelock 28532; (252) 463-7020; ncdot.gov/divisions/ferry

NC State Parks, 1615 MSC, Raleigh 27699; (919) 707-9300; ncparks.gov

NC Wildlife Resources Commission,

1701 MSC, Raleigh 27699; (919) 707-0040; ncwildlife.org

Visit North Carolina, 150 Fayetteville St., Suite 1200, Raleigh 27601; (800) 847-4862; visitnc.com

WELCOME CENTERS

I-26 East NC Welcome Center,

I-26 at Mile Marker 68, Columbus 28722; (828) 894-2120

I-26 West NC Welcome Center,

I-26 at Mile Marker 6, Mars Hill 28754; (828) 689-4257

I-40 West NC Welcome Center,

I-40 at Mile Marker 10, Waynesville 28786; (828) 627-6206

I-77 North NC Welcome Center,

158 I-77, Mount Airy 27030; (336) 320-2181

I-77 South NC Welcome Center,

93001 I-77, Charlotte 28273; (704) 588-2660

I-85 North NC Welcome Center,

231 I-85, Norlina 27563; (252) 456-3236

I-85 South NC Welcome Center,

I-85 at Mile Marker 2, Kings Mountain 28086; (704) 937-7861

I-95 North NC Welcome Center,

I-95 at Mile Marker 181, Pleasant Hill 27866; (252) 537-3365

I-95 South NC Welcome Center,

I-95 at Mile Marker 5, Rowland 28383; (910) 422-8314

NC Welcome Centers & Tourism Call

Center, 4324 MSC, Raleigh 27699; (800) 847-4862; visitnc.com/welcome-centers

GENERAL INFORMATION

Blue Ridge Parkway Association,

PO Box 2136, Asheville 28802; (828) 670-1924; blueridgeparkway.org

NC Ski Areas Association, goskinc.com

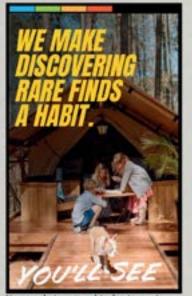


Home to the Linville Gorge Wilderness (pictured), Lake James as well as 6 waterfalls and more than 250 miles of trails!





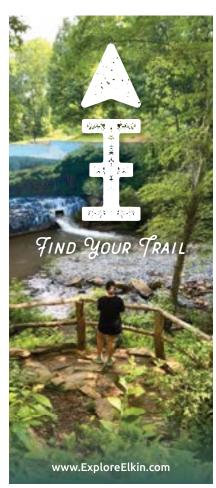
Visitor Center 140 N Sterling Street, Morganton, NC 28655



it sounds too good to be true at first. But then, you start to dig in and discover a place with arts and culture, historic architecture, amazing food, refreshing outdoor experiences, and more. Suddenly, an amazing trip to Sanford doesn't sound so far-fetched.

sänford

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www.VisitPender.com



Host your conference, trainings or retreats at Haw River State Park. 4 large meeting spaces up to 125 people, minutes from the Triad area.

Haw River State Park www.ncparks.gov/meetings





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	87, 90, 95	Linville	40	Sneads Ferry	32
	84	Linville Falls	89, 98-99	Southern Pines	62
	101	Macclesfield	79	Southport	32, 105
Collettsville	81	Madison	58	Spruce Pine	40
Columbia	89	Maggie Valley	24, 103	Statesville	100
Columbus	75	Manteo	83, 99	Sugar Mountain	102-103
Concord	26, 37	Marion	42	Sunset Beach	89
Cornelius	89	Mars Hill	70, 112	Surf City	78-79
Corolla	46, 78-79	Mebane	101	Swansboro	71, 83, 89
Creswell	84-85	Merry Hill	60	Svlva	52, 69
Currie	87	Mill Spring		,	28
Danbury	80-81	Mocksville			89
	38, 71	Monroe			101
Denton	105	Mooresboro			32, 46, 48, 74
Dobson	99	Mooresville		•	42
	21	Morganton		=	70
	87	Morrisville			58
	35, 38, 44, 54, 71, 104				
	99	Mount Gland			64
		Mount Gilead			15, 34, 71
	83	Murfreesboro			32, 38, 48, 90, 97, 112
	101	Murphy			108
-		Nags Head			46
	58	New Bern			90, 93
	6, 8, 52, 76-77	North Topsail Beach.			50
	105	North Wilkesboro	*	_	58
	87, 89	Ocean Isle Beach		•	62
Frisco	85	Ocracoko	20.00	Voungeville	101



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1 Airlie Gardens

Wilmington

Azaleas, tulips and camellias thrive among fountains, sculptures (including a chapel comprised of colorful glass bottles) and towering centuries-old oaks dripping with Spanish moss across the lush 67-acre property.

2 North Carolina Botanical Garden

© Chapel Hill

Roam through rare wildflowers in the Piedmont habitat and step into the restored cabin of Pulitzer Prize-winning author Paul Green at this paradise dedicated to conserving native North Carolina plant species.

3 The Fields at Sunflower Trail

Mocksville

Become fully engulfed in a maze of blazing-yellow sunflowers — some up to 8 feet tall — during the summer bloom (typically July and August). Pick a few, and the owners will wrap them up for you.

4 I-26 West NC Welcome Center

STORY: JESS HOFFERT. PHOTOGRAPHS: (AIRLIE) BILL RUSS, (BOTANICAL GARDEN) STARBOARD AND PORT, (SUNFLOWERS) TASHA BARBOUR PHOTOGRAPHY, (RIISES) JENNIFER HOTT

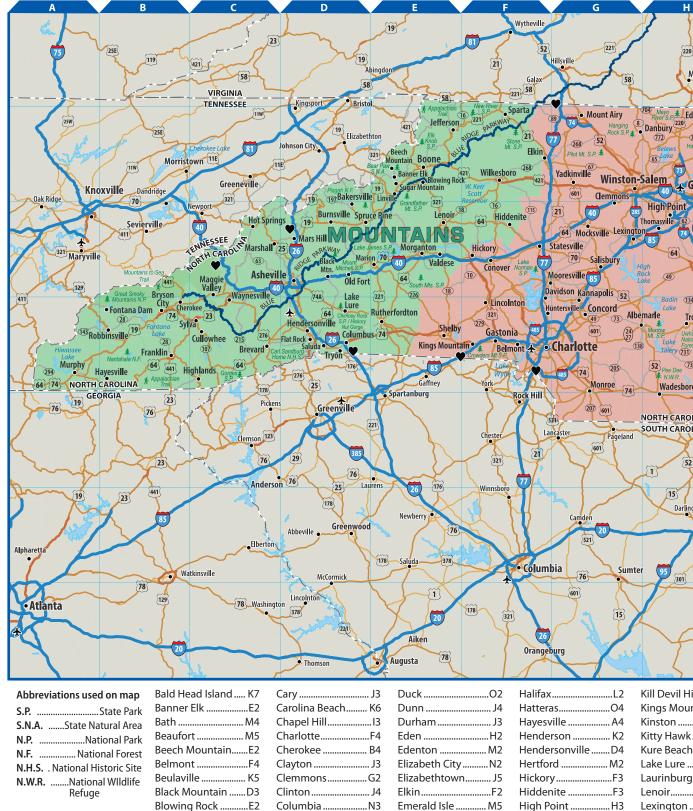
Mars Hill

In the Blue Ridge
Mountains, a medley
of flowering perennials,
pollinator plants,
sunflowers and
monarch butterflies
lures travelers to
this oasis from spring
through fall.

Gorgeous views and sighs of relief abound.

North Carolina's Brunswick Islands' natural beauty and expansive beaches are the perfect place for you to relax and unwind. Put your toes in the sand and bring the whole family for a vacation you'll never forget.





Towns	and	Cities

Ahoskie	M2
Albemarle	H4
Asheboro	H3
Asheville	C3
Atlantic Beach	M5
Avon	04
Bakersville	D2

Daid Ficad Island IV
Banner ElkE2
Bath M4
Beaufort M5
Beech MountainE2
BelmontF4
Beulaville K5
Black MountainD3
Blowing RockE2
BooneE2
BrevardC4
Bryson City B4
Burgaw K5
Burlington12
BurnsvilleD3
CalabashJ6
CamdenN2
Carrboro13

Chapel Hill	I3
Charlotte	F4
Cherokee	B4
Clayton	J3
Clemmons	G2
Clinton	J4
Columbia	N3
Columbus	D4
Concord	G4
Conover	F3
Corolla	02
Creedmoor	J2
Cullowhee	C4
Currituck	N2
Danbury	H2
Davidson	

Durham	J3
Eden	H2
Edenton	M2
Elizabeth City	N2
Elizabethtown	J5
Elkin	F2
Emerald Isle	M5
Fayetteville	14
Flat Rock	D4
Fontana Dam	B4
Franklin	B4
Gastonia	F4
Gatesville	M2
Goldsboro	K4
Greensboro	H2

GreenvilleL3

Hayesville	A4	Kinston
Henderson	K2	Kitty Hawk
Hendersonville	D4	Kure Beach
Hertford	M2	Lake Lure
Hickory	F3	Laurinburg
Hiddenite	F3	Lenoir
High Point	H3	Lexington
Highlands	B4	Lillington
Hillsborough	12	Lincolnton
Holden Beach	K7	Linville
Hot Springs	C3	Louisburg
Huntersville	F4	Lumberton
ackson	L2	Maggie Val
acksonville	L5	Manteo
efferson	E2	Marion
Kannapolis	G3	Mars Hill











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